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CAVALCADES OF COLOUR
IDAHO BRINGS ITS FALL MAGIC {page 16}

WHY SHIA?
LABEOUF SAYS HE'S 'HORRIBLE'
DISH {page 15}

EDMONTON metro®
Wednesday, September 22, 2010
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Zoo elephant fight not over yet

No date for appeal has been set ‘We're not going to step away and ignore Lucy's suffering,' vows Zoocheck official ‘We're going to keep going until either she's moved or — at worst-case scenario — she dies'

A legal fight over the future of the Edmonton zoo's only elephant isn't over.

Last month, a judge dismissed arguments from two animal rights groups that say Lucy is suffering at the zoo and should be moved to an elephant sanctuary in the United States.

But Zoocheck and People for the Ethical Treatment of Animals have announced they will appeal the ruling.

Their fight to move Lucy is backed by celebrities such as Bob Barker, former host of the game show The Price is Right, and actor William Shatner.

Julie Woodyer with Zoocheck says Lucy's loneliness and health issues can't be ignored. The city says the 34-year-old elephant is comfortable in her familiar surroundings and moving her at her age could do her harm. THE CANADIAN PRESS

St. John's. Igor

▶ Storm drains were unable to cope as heavy rains from hurricane Igor hit St. John's, N.L., yesterday. The storm caused widespread damage across an eastern swath of Newfoundland yesterday as torrential rains flooded communities, washed out roads and stranded some residents in their homes. Story, page 6.

PAUL DALY/THE CANADIAN PRESS

Newfoundland feels wrath of hurricane Igor

Metro Drive

Get revved up for the season

Mike Goetz on the future of Project Eve Exactly what's wrong with the electric car? {pages 25-32}

The snore is in session

Paul Sullivan on our right honourable doofuses {page 11}

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1 news

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On the web at metronews.ca

Ottawa worries over 'very real and very serious' terrorist threat at Commonwealth Games. Video at metronews.ca/canada

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Bomb squad called after suspicious parcel found

Police called in the bomb squad after a security guard reported a suspicious package across the street from the WCB building in downtown Edmonton yesterday.

People in the area of 107 Street and 99 Avenue were asked to stay in their buildings or away from the scene for about an hour yesterday at about 10 a.m. while police investigated.

"In the interest of public safety, we came in and cordoned off the area and waited until our techs came in to determine if the package was benign or not," said Sgt. Bernie Loughlin.

"It turned out that it was just something left at the garbage can."

The package was removed safely and Loughlin said there was no risk to the public. He couldn't confirm the exact contents but witnesses say it contained paper, cardboard and plastic. The incident occurred 11 months to the day after Patrick Clayton held several WCB employees hostage for up to 10 hours on Oct. 21, 2009.

"Any time we have a suspicious package in a public place that causes a member of the community concern where they notify us, we have to take that seriously," Loughlin said. "Its proximity to this building or any other building is more coincidental than it was of any heightened concern."

ANDREAS MORSE

OILSANDS DEVELOPMENT

Green groups try to halt hearings

Environmental groups are asking that public hearings into a new oilsands mine in northern Alberta be adjourned.

As the hearings into Total Canada's Joslyn North proposal opened in Fort McMurray, the groups filed a motion to have them stopped.

They say the company's environmental impact assessment doesn't address the cumulative impacts of all the development going on in the oilseeds region, as the law requires.

In a motion filed with the panel conducting the hearings, the groups say Total hasn't taken account of other planned oilseeds mines or the impact of industrial activity such as forestry.

The $2-billion Total mine would provide 600 jobs, but it would also create the greenhouse gas equivalent of a quarter of a million cars.

THE CANADIAN PRESS

Homefest to hit Old Strathcona

Music festival aimed at raising awareness of homelessness in city

ASPEN ZETTEL
EDMONTON@METRONEWS.CA

Colder weather signals a return to warmer coats and turning on the furnace for most, but for some Edmontonians living on the street it means surviving the Alberta winter without a warm place to go.

Presented annually by the Edmonton Coalition on Housing and Homelessness (ECOHH), Homefest returns to the TransAlta Arts Barns Nov. 7.

"I have people living out of dumpsters in my back alley," said Rob Heath, a playwright and a musician taking part in this year's Homefest.

"Right now we're talking in the city about building a $700-million hockey stadium, and most of that is going to come from city coffers.

"You know, I think we could shake a few dollars loose to build a few more beds."

The festival is in its eighth year of raising funds and awareness about homelessness by providing a multi-stage five-hour concert performed by local and travelling folk musicians.

"Our expectation for Homefest is twofold. One is to raise awareness around the homelessness housing issues, and secondarily to let people have a really good afternoon of some wonderful, wonderful music," said ECOHH chairman Keith Harding.

ASPEN ZETTEL/FOR METRO EDMONTON

▶ Edmonton playwright and musician Rob Heath performs a song to entice people to come to Homefest at the Stanley Milner Library yesterday afternoon. Homefest is scheduled to take place on Nov. 7 at the TransAlta Artsbarns.

CONTRIBUTED

▶ Zakk Wylde's Black Label Society is headlining the Black Label Berzerkus tour, which stops at the Edmonton Expo Centre on Friday.

Wylde's tamer side on display

- Hard rocker sobers up and pens some ballads
- Stoner metal group Clutch and European metal band Children of Bodom are opening

DUSTIN BLUMHAGEN
EDMONTON
@METRONEWS.CA

Former Ozzy Osborne guitarist Zakk Wylde has officially stepped out of the shadow of his bat-biting boss.

His band, Black Label Society, has just seen its latest album, Order of the Black, debut at No. 4 on the Billboard 200 Album Chart.

The metal artist has come a long way from his days as a gas station attendant. Despite living the life that many teenage music fans dream of, Wylde remains grounded.

"Ozzy is my alma mater, like Princeton or something. It is such an honour to work with him and to follow someone like Randy Rhoads. I never get tired of that, it's where I came from."

20

Zakk Wylde began playing with Ozzy Osbourne's band at the age of 20 and continued to play guitar for him for more than two decades.

While honouring where he got his start in the business, Wylde also makes sure to give credit to his fan base.

Discography

Black Label Society has released eight albums since its formation in 1999.

"Hard rock is such a loyal community, so whether we are in Boston or L.A., we go out and see a lot of the same faces and become good friends with these people."

Just how metal is guitar legend Zakk Wylde?

"I like bands like Neil Young and the Eagles. I enjoy that stuff and it's fun to do."

ENVIRONMENT

Streets open up to foot traffic

It began in Bogotá, Colombia in the late 1970s.

Today, Edmonton will be closing a few roads and opening them to pedestrians to help celebrate International Car-Free Day.

The Active Edmonton program in partnership with the Stony Plain Business Revitalization Zone is organizing a car-free day event on 151 Street in the Stony Plain Road area from 3-7 p.m. A portion of the road (between 100 and 102 avenues) will be blocked to vehicles and people can come and enjoy free, family fun activities, free food and learn about eco-friendly and active ways of getting around, living, exercising and more.

METRO EDMONTON

Waiting on Cameron

Alberta Premier Ed Stelmach says even though he hasn't heard from James Cameron, he's holding his calendar open to meet with him next week about the oilsands. Cameron, director of films such as Terminator and Avatar, sent a letter to Stelmach's office earlier this month saying he plans to tour the oilsands next week.

THE CANADIAN PRESS

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Stollery announces $12M expansion

- About 24,000 patients treated at Stollery last year
- Current emergency designed to accommodate 11,000

For many families, the Stollery Children's Hospital is a place where miracles happen.

In order to continue providing some of the most advanced treatments for child health issues in the country, the Stollery Children's Hospital Foundation announced a $12-million expansion campaign yesterday. They've already raised more than $8 million.

"When it became apparent that the Stollery needed a new pediatric emergency and additional specialized equipment, research and programs, we looked to people in the community who we knew could make things happen," said Richard Hiron, chair of the foundation. "Even before taking this campaign to the public, they (the foundation) have achieved the outstanding contribution of $8.4 million."

ANDREAS MORSE/METRO EDMONTON

▶ Premier Ed Stelmach

The $12 million includes $5 million towards the pediatric emergency, a minimum of $4 million towards research, $1 million towards funding advanced pediatric sub-specialty medical education, and $2 million to fund programs and purchase specialized equipment. The provincial government is investing $18.5 million to improve access to the emergency department at the hospital.

"I can tell you that for children and parents, there is no greater comfort during stressful times than to have somewhere to turn to," said Premier Ed Stelmach.

ANDREAS MORSE

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in support of women's health

DONATE TODAY AND HELP WOMEN IN YOUR NEIGHBOURHOOD.

The Tree of Life campaign offers an opportunity for you and the employees at your local Shoppers Drug Mart store to join together and donate directly to the organizations that make a difference to women's health in your community.

Since 2002, you've helped raise over 12.7 million dollars and year after year, your local Shoppers Drug Mart store has donated the proceeds to a local women's charity in need of assistance.

HELP MAKE A DIFFERENCE AGAIN THIS YEAR.

September 18th – October 15th buy a leaf for a loonie at your local Shoppers Drug Mart in support of the Tree of Life campaign. 100% of every dollar you donate goes towards helping women in your community.

To find out which charity your local Shoppers Drug Mart store supports through the Tree of Life, visit www.shoppersdrugmart.ca/charity

SHOPPERS DRUG MART

CONTRIBUTED PHOTO

▶ From left to right: Lucas Karn, Justin Pape, Kristi Mahy, Viera Linderova and Garrett Gauthier are cycling across the continent.

P.E.D.A.L. power

Environmentalist group cycling across the Americas in effort to raise awareness of oil-free transportation

University of Alberta alumnus Viera Linderova is undertaking the massive task of cycling 16,000 kilometres across the Americas.

She dismisses the distance, instead choosing to pass the focus onto her group P.E.D.A.L. (Pollinating Experiences Documenting Action and Learning) Across the Americas and its goals.

"We want to let people know more about bike travel and that it is a feasible alternative," she says.

While awareness of climate change may be at an all time high, the group believes most people don't understand that sustainable living is an easily achievable goal.

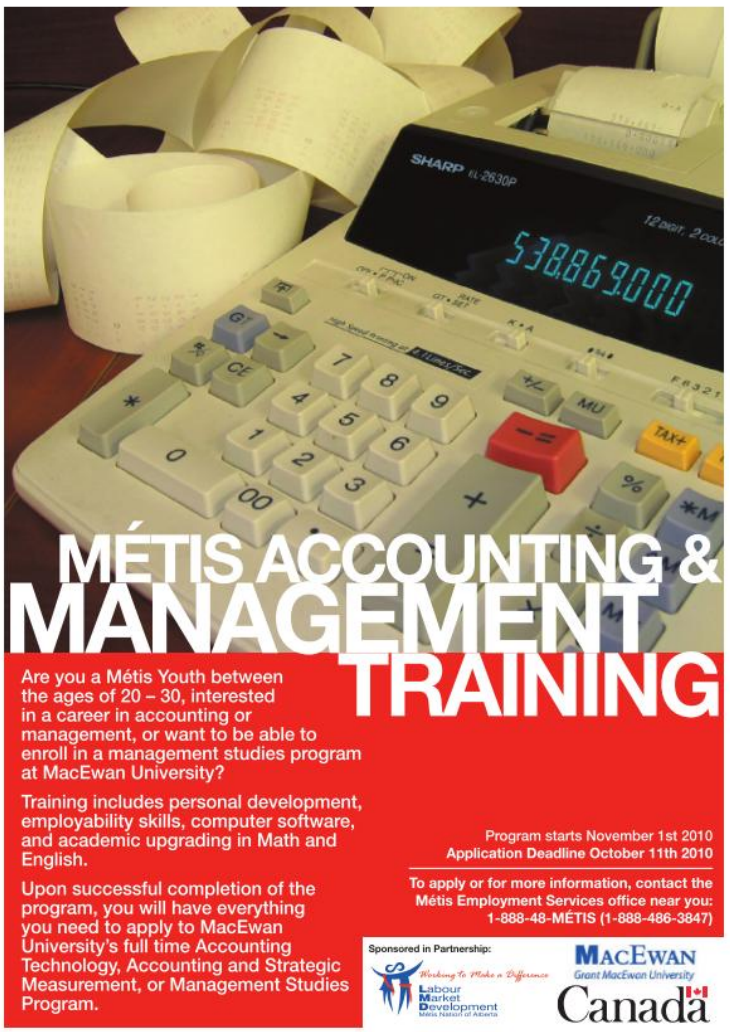
Their journey began in Guelph, Ont., on July 3 and will wrap up in Costa Rica next summer.

"We originally weren't going to stop that long in Edmonton, but we are dealing with a knee injury so we are here a little longer than expected," she says. "The idea was to head across Canada and then south from B.C. to outrun winter. We are a bit behind schedule now."

The five members of the cycling group operate solely on donations, with all unneeded funds being passed along to charitable organizations.

DUSTIN BLUMHAGEN

For more info or to contribute, visit www.pedalacross theamericas.com.



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Igor hits N.L. with brutal force

At least 30 communities declare state of emergency Premier plans to visit affected areas today

Hurricane Igor ripped across eastern Newfoundland yesterday with a savagery that forced flooded, wind-battered towns to declare states of emergency, isolating some communities as rivers overflowed and roads washed away.

Police were investigating reports that an 80-year-old man was swept out to sea when the road beneath him collapsed in the Random Island area, about 100 kilometres northwest of St. John's.

The RCMP said only local residents were able to search the area because of impassable roads. Officers and the coast guard weren't able to access the island because air and sea travel were also impossible due to the fierce storm.

"It appears we have a very serious situation on our hands," Premier Danny Williams said.

Officials at the Canadian Hurricane Centre downgraded Igor to a post-tropical storm by yesterday afternoon, but it was still packing hurricane-force winds in excess of 150 km/h.

The centre said that 238 millimetres of rain fell in St. Lawrence by late afternoon and a peak wind gust of 163 km/h was recorded at Sagona Island on the province's south coast.

THE CANADIAN PRESS

Egypt. Protest

▶ Egyptian activists struggle with anti-riot soldiers during a protest in Cairo yesterday.

AHMED ALI/THE ASSOCIATED PRESS

Presidential nepotism?

Egyptian police beat and arrested anti-government activists demonstrating outside the downtown presidential palace against a possible father-son succession in the country.

Police seize funds from Vatican bank

EMANUELA DE MEO/GETTY IMAGES

▶ Ettore Gotti Tedeschi

Italian authorities seized $23 million from a Vatican bank account yesterday and said they have begun investigating top officials of the Vatican bank in connection with a money-laundering probe.

The Vatican said it was "perplexed and surprised" by the investigation.

Italian financial police seized the money as a precaution, and prosecutors placed the Vatican bank's chairman, Ettore Gotti Tedeschi, and its director general under investigation for alleged mistakes linked to violations of Italy's anti-laundering laws, news reports said.

THE ASSOCIATED PRESS

Woman, 29, in custody following naked fight

It's a case that police say began with two naked women fighting on a balcony.

Police in Hamilton say they were called to the scene on the evening of Sept. 13 by reports of a naked scuffle on a third-floor balcony.

Police haven't revealed any other details of the incident.

Karyn DeJong of Hamilton is charged with attempted murder, being unlawfully in a dwelling and sexual assault.

DeJong, who was arrested on Saturday, remains in custody following a court appearance on Sunday.

THE CANADIAN PRESS

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RESEARCH

Wind may have done Moses' job

Moses might not have parted the Red Sea, but a strong east wind that blew through the night could have pushed the waters back in the way described in biblical writings and the Qur'an, U.S. researchers reported yesterday.

Computer simulations show wind could push water back at a point where a river bent to merge with a coastal lagoon, the team at the National Center for Atmospheric Research and the University of Colorado at Boulder said.

"The simulations match fairly closely with the account in Exodus," the national centre's Carl Drews, who led the study, said in a statement.

Religious texts differ a little in the tale, but in all the Red Sea parts to let Moses and his followers pass safely, then crashes back onto their pursuers, drowning them. THE ASSOCIATED PRESS

Online light show draws big crowds to website

The Canadian Space Agency says thousands of people have already viewed the aurora borealis on a website it set up for the light show.

The live daily feeds from Yellowknife began Monday night on the website AuroraMax.

An agency spokeswoman says the site had registered more than 168,000 hits as of yesterday afternoon.

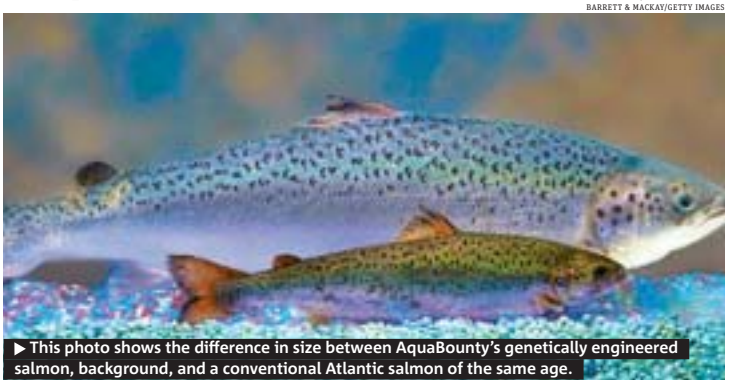
On Sept. 14, just more than 16,400 visitors dropped in on the CSA website over the entire day.

One minor glitch was reported when the image froze for about 90 seconds as the feed first went online. THE CANADIAN PRESS

A fishy food source?

Labelling salmon as modified a necessary safeguard against future problems: Consumer Reports ◐ FDA decision could be months away

BARRETT & MACKAY/GETTY IMAGES



▶ This photo shows the difference in size between AquaBounty's genetically engineered salmon, background, and a conventional Atlantic salmon of the same age.

Consumer advocates, environmentalists and other opponents of genetically engineered salmon told the U.S. Food and Drug Administration yesterday that it would be irresponsible not to label the fish as modified in the grocery store if it is approved for human consumption.

The agency heard from all sides this week as they held hearings to review the science of the fish that grows twice as fast as the conventional variety and to hear public comment on whether the fish should be labelled. According to federal guidelines, the fish would not be labelled as genetically modified if the agency decides it has the same material makeup as conventional salmon.

Consumer advocates say it is the public's right to know that the fish have been genetically modified. AquaBounty, the company that has developed the fish and is applying to the FDA to market it, says that genetically modified salmon have the same flavour, texture, colour and odour as the conventional fish.

In preliminary analysis released ahead of the hearing, the FDA agreed with the company, saying there were no biologically relevant differences between the engineered salmon and conventional salmon.

Dr. Michael Hansen, senior scientist at Consumers Union, the publisher of Consumer Reports, testified that his organization disagrees with the FDA that genetic engineering itself does not constitute a material difference in the two fish. He added that the agency does have the authority to demand the labels, citing previous rules that allowed foods to be labelled so people with religious or cultural sensitivities could avoid them. THE ASSOCIATED PRESS

2 If approved, the genetically engineered salmon could be in grocery stores in two years, AquaBounty estimates.

New book demystifies MI6

It's James Bond, with bureaucracy and cramped office space.

The first-ever official history of MI6 reveals that Britain's foreign spy agency debated assassinating Nazi leaders, landed a spy wearing a wetsuit over his tux at a casino by the sea and experimented with exploding filing cabinets — but also wrangled with other government departments and had to make do on a shoestring budget.

The book, published yesterday, tells a story of plots, paperwork, duplicity and derring-do that takes in fears of a Nazi anthrax attack, cross-dressing secret agents and worries about the safety of the prime minister's milk supply.

1949

The book stops abruptly in 1949, but, still, its existence represents a change of policy for an agency whose existence was only officially acknowledged in the 1990s.

"The real James Bonds are more interesting than the fictional James Bond," said author Keith Jeffery, a historian at Queen's University Belfast, who had access to previously secret files in the MI6 archive. "They are male and female. They are real people. They have real frailties and real courage."

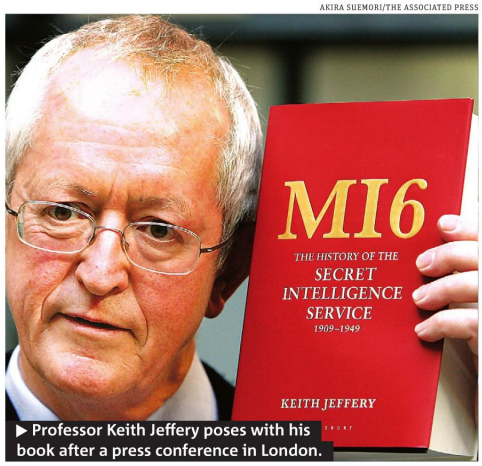
The book tells the story of an agency founded in 1909 with a staff of one, Mansfield Cumming, who recorded his first day in his diary: "Went to the office and remained all day, but saw no one, nor was there anything to do there."

It quickly got more interesting, although Jeffery writes that for decades, MI6 "had to operate on a shoestring" and was perennially short of office space.

The book reveals that its agents included well-loved authors W. Somerset Maugham, Graham Greene and Arthur Ransome, who spied in the Soviet Union and whose mistress was Leon Trotsky's secretary.

The book deflates some cherished myths. MI6 agents do not have a "licence to kill," although the agency compiled a list of possible Nazi assassination targets before the D-Day landings. It was judged that the plan was too risky and might spark bloody reprisals. THE ASSOCIATED PRESS

AKIRA SUEMORI/THE ASSOCIATED PRESS



▶ Professor Keith Jeffery poses with his book after a press conference in London.

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Hack gets in Twitter

NICHOLAS KAMM/GETTY IMAGES

▶ The Twitter homepage

Breaches common in Twitter's early days, but company has since worked to beef up security

A new way to cause mischief quickly spread through short-messaging service Twitter yesterday morning before the site could fix the problem, as mysterious "weets" of blocked-out text propagated themselves and caused popup windows to open.

Early yesterday, Twitter said on its "safety" feed on the site that the attack had been shut down. It also said it does not believe that any user information was compromised.

The hack had been extra nefarious because the tweets activated without being clicked on — it was enough for web surfers to move their mouse cursors over them.

But it only affected visitors to Twitter.com. Various third-party programs used to send and read tweets, such as Tweetdeck, were unaffected.

The popups could, though didn't necessarily, contain malicious code that could take over poorly protected computers.

THE ASSOCIATED PRESS

CEO could walk away from bid

The CEO of BHP Billiton says he's prepared to walk away from the global mining giant's hostile takeover bid for Potash Corp. of Saskatchewan if a rival company comes forward with a higher offer.

"For us it's always at the end of the day about shareholder value. If somebody offers a price at which we cannot demonstrate value for our shareholders, we're probably not going to show," Marius Kloppers said yesterday on the BNN business news channel.

Kloppers has asserted before that the world's largest miner will not get into a bidding war for PotashCorp. So far the BHP Billiton offer is the "only one on the table" despite reports that Chinese companies, Canadian pension funds and other fertilizer rivals are preparing a white knight bid to top his miner's $38.6 billion US offer.

The boyish-looking Kloppers, 48, said his main focus is clearing the regulatory hurdles to taking the bid to PotashCorp investors, which include approval by the federal government and regulators.

The CEO of Australia-based BHP Billiton is in Canada this week to promote the bid and meet with federal and provincial officials about the bid, one of the largest ever for a Canadian-based company.

Earlier yestserday, BHP Billiton said it has extended its takeover offer for PotashCorp by a month

THE CANADIAN PRESS

Market moment

PRICES AS OF 5 P.M. YESTERDAY

TSX	DOLLAR	OIL	Natural gas 1,000 cu ft
–63.94 (12,170.57)	+0.24¢ (97.39¢ US)	–$1.22 US ($74.97 US)	$3.919 (+9.7¢)
			Gold contracts $1,274.30 (-$6.50)

News in brief

U.S. visitors up: StatsCan

TOURISM. Travel by U.S. residents to Canada reached 1.7 million trips in July, up 2.3 per cent from the previous month.

Statistics Canada reports residents of the United States made a million overnight trips to Canada in July, 2.9 per cent more than in June.

Americans also made 615,000 same-day car trips to Canada, up 1.2 per cent.

Travel by residents of overseas countries dropped 1.3 per cent to 369,000 trips in July as seven of the top 12 countries posted declines.

THE CANADIAN PRESS

Deal helps us compete: Shaw

PROPOSAL. Shaw Communications Inc.'s proposed purchase of Canwest Global Communications' television assets will help it fend off "intense" competition from emerging media platforms, company executives told a hearing yesterday.

"Changes in the Canadian communications landscape are dramatic and happening at break-neck speed," chief executive Jim Shaw said as regulatory hearings began into the $2-billion deal.

"There is intense competition to meet consumer expectations for any time, anywhere content and innovations like 3D TV," he added.

THE CANADIAN PRESS

Ottawa. Donation

▶ Bell President and CEO George Cope poses for a photograph with Olympic athlete Clara Hughes prior to an announcement in Ottawa.

ADRIAN WYLD/THE CANADIAN PRESS

Cash for mental health

Bell announced yesterday it is donating $50 million over five years to support mental-health programs in Canada.

Inflation edges lower

Canadian inflation resumed tracking lower last month after an extraordinary spike in July that accompanied increases in sales taxes in three provinces.

Statistics Canada said yesterday that consumer prices edged down one-tenth of a point to an annualized rate of 1.7 per cent in August from last year, and were also 0.1 of a percentage point lower than in July.

Douglas Porter, the Bank of Montreal's deputy chief economist, said there is a bigger danger of deflation than inflation in Canada.

"Deflation has been the bigger risk," he said.

THE CANADIAN PRESS

1.6 Food prices also strengthened to a 1.6 per cent gain last month, following a 1.1 per cent pickup in July, and prices associated with health and personal care rose 3.5 per cent.

CONTRIBUTED

▶ Douglas Porter says Canada's inflation numbers aren't "materially different than those in the U.S."

LONG AND SHORT OF CANADIAN POLITICS

Just sayin'

PAUL SULLIVAN

The House of Commons is back in session and it's very exciting. Not.

MPs are debating whether or not to keep the long-census form and the long-gun registry.

There's a theme at work here. If it's long, it's on the agenda. At least I can't see any other reason for the petty preoccupations of this government.

I've been around a long (there's that word again) time and I can't remember when Canadian politics was as lame as it is now. Pierre Trudeau once went to the polls on "The Land is Strong" (not long) and was rightly trounced. He had already set the bar pretty high with: "The state has no place in the bedrooms of the nation," and "The Land is Strong" was a disappointing sequel.

Nonetheless, compared to the stupefyingly pointless debate over the long-form census, it's vintage Winston Churchill.

Our prime minister seems to think Canadians believe that the right to bear unregistered long guns should be enshrined in the Charter of Rights and Freedoms. And while we're at it, we don't need no stinking long forms.

I have news for you Mr. Harper: Canadians don't care!

They do care about the small stuff like health care and education, but they're not long, so I guess that's why they're not on the agenda

The long-gun registry is on today's agenda. I could save a lot of greenhouse gas and solve it in 15 seconds. The Canadian Association of the Chiefs of Police says it helps fight crime. That's good enough for me. Next?

"As for the stupid form, only a nation of bureaucrats would argue about a census form."

As for the stupid form, only a nation of bureaucrats would argue about a census form. And Trudeau said the state had no place in the bedrooms of the nation. He was completely silent on counting the bedrooms of the nation.

So where's my pencil? Count me in!

These twin follies are just the tip of the iceberg. Our nation's future leaders can't afford higher education, which means we have another generation of right honourable doofuses in the making. Instead, the government wants to spend about $16 billion of our tax dollars on fighter jets since the Russians might violate our air space. Not sure why. To purchase duty free?

These must be short jets or else the government wouldn't want them. Just sayin'.

I keep hoping I'm just dreaming of an old Monty Python skit — the Ministry of Long Things or something, and I'll just wake up and everything will be relevant and meaningful again.

It will; won't it?

Read more of Paul Sullivan's columns at metronews.ca/justsaying

Cartoon

MICHAEL DE ADDER

Reflect on that ticket

Worth mentioning

Drivers annoyed by parking tickets in Cambridge, Mass., are getting some calming advice from city officials — try yoga.

The city's parking tickets include instructions on the reverse on how to bend into some simple yoga positions.

The city, which is home to elite universities Harvard and MIT, printed 40,000 of the tickets as part of a public art project by artist-in-residence Daniel Peltz.

Peltz envisions "a reflection on a social situation, the human experience of giving and receiving parking tickets."

He emailed from Sweden: "I started this process by wondering what would happen in a world where I received them with a set of graceful postures: A clean bend at the waist, a gentle lift of the windshield wiper ... I'm going to get the ticket either way, my only choice really is how I'm going to receive it."

Susan Clippinger, the city's transportation chief, told the Boston Herald the purpose of the tickets is to "debunk the idea that all parking tickets are a hostile action."

Not everyone is buying it. Cambridge resident Hyunho Noh said "it's not working" as he showed up to pay a $25 ticket.

METRO

Bend your stress away

TORSTAR NEWS SERVICE FILE

What's one thing you'd like to do but haven't done yet?

Email
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Metro Minute with Edmonton Oilers

It's been a long wait, but NHL hockey is finally back in Edmonton. With a busy off-season behind them, the Oilers bring several new faces to the ice, including No. 1 draft pick Taylor Hall.

The Oilers hope to put behind much of the turmoil that plagued the team last year; notably posting the league's worst record, as well as the media circus surrounding then-Oiler Mike Comrie's engagement to Hilary Duff. Another storyline included a drunk driving arrest for goalie Nikolai Khabibulin.

See the Oilers in action as they host Tampa Bay tomorrow night. For tickets, go to www.ticketmaster.ca.

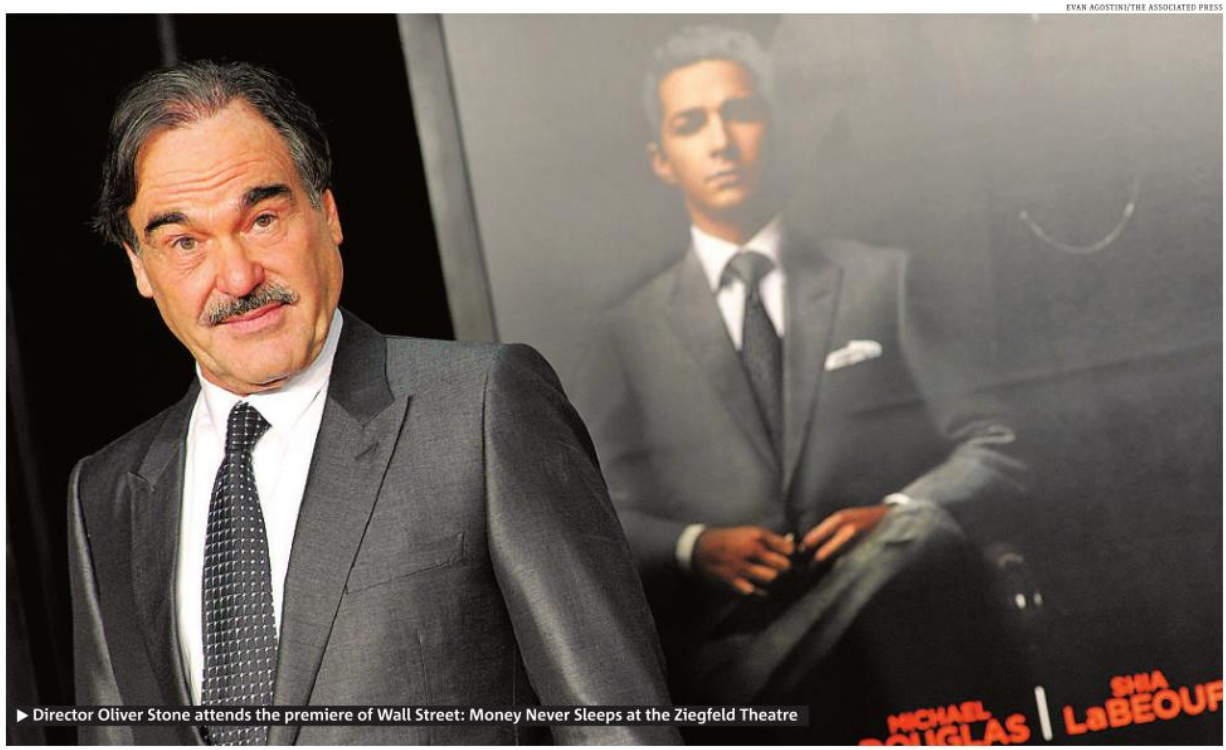
METRO EDMONTON

THE CANADIAN PRESS FILE

▶ Edmonton Oilers Taylor Hall, left, Jordan Eberle, centre, and Magnus Paajarvi host the Tampa Bay Lightning in NHL pre-season action tomorrow night.

2 scene

EVAN AGOSTINI/THE ASSOCIATED PRESS



▶ Director Oliver Stone attends the premiere of Wall Street: Money Never Sleeps at the Ziegfeld Theatre

Walking Wall Street

Director Oliver Stone takes Metro through how he updated his new film Wall Street ◐ Talks about the impact of the real world Wall Street crisis

HEIDI PATALANO
SCENE@METRONEWS.CA

Controversial movie director Oliver Stone is renowned for his hardline liberal views on American politics.

He has unflinchingly tackled raw events with films like World Trade Center and W but now he's taking on the men behind the world financial meltdown by revisiting a topic he covered over 20 years ago with his film Wall Street.

He spoke to Metro his timely sequel Wall Street: Money Never Sleeps.

How did you update Wall Street?

That's a 10-minute answer! Things like computers, globalization and the banking system on steroids. It's crazy. Banks were kind of dull back in the 1980s but by 2000 they had got into the debt business big time. They drove the economy into the toilet. We were living beyond our means, not just the banks, but the people, everyone.

Do the characters behave differently from those in the 1987 movie?

The old world was much more person-to-person. Now, you really basically trade with a computer. Also, you are in and out much faster. You don't take long-term positions and that's unfortunate. A lot of it is speculation. It's a short-term process: you grab it while it's hot.

The focus of the original movie ended up being on Gordon Gekko — who the public became fascinated with .

Michael Douglas was well aware of that and came back with a much bigger role than in the original. It's really a human drama with a background of Wall Street — same old problems with love, trust, greed and betrayal that we have always had in our history back not just 1987 but in 2008.

How difficult was it making a film about a crisis in the midst of that crisis?

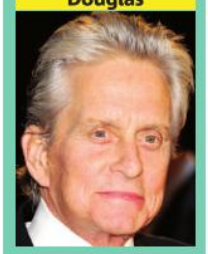
The research was complex. I mean the concept of taking credit derivatives, all that new jargon, it's complicated. We didn't want to overdo it, so we had to simplify it. We have complicated stuff in that movie. The Federal Reserve Board scenes alone have never been done in film. It was taking a complex thesis to making it smaller and simpler but true to what happened, so I think if you look closely at the background, you will see the events of 2008 were echoed in the film.

On sequels

On why he's never made a sequel

▶ **"Don't call it a sequel** If I wanted to do a real sequel, I would've done it in the '90s because most of the people would've remembered the original and I probably would've done it better. But I don't think you need to know the old film at all to appreciate it. The only leftover is Gekko and he establishes a new character from the very beginning."

Douglas



Michael Douglas has channeled the confidence of ruthless corporate raider Gordon Gekko while walking the red carpet at the New York City premiere of his latest film, Wall Street: Money Never Sleeps. The Academy Award-winning actor recently announced he's being treated for throat cancer. and wasn't able to give interviews this week. His co-star, Shia LaBeouf, calls the 65-year-old Douglas a "wolf." He notes Douglas showed no signs of weakness while making the Wall Street sequel, which opens Friday. Director Oliver Stone says "it's a struggle" and "it's tough," but Douglas is "fighting." Douglas won an Oscar for playing Gekko in the original.

THE ASSOCIATED PRESS

SCANLIFE

Renaissance man: Baron Davis takes time away from the fast break to carve out a film career

▶ Paris Hilton

Paris delayed entry to Japan

Japanese officials delayed Paris Hilton's entry into the country a day after she pleaded guilty to misdemeanour charges in Las Vegas, the socialite's spokeswoman said.

An emailed statement by Hilton's rep, Dawn Miller, said the 29-year-old was delayed by immigration authorities upon her arrival Tuesday in Japan.

She was scheduled to appear at a news conference in Tokyo on Wednesday to promote her fashion line, but that appearance was apparently cancelled.

It was unclear where Hilton was or whether she will continue with her promotional tour. She was scheduled to visit several other countries, including Indonesia and Malaysia.

The trip had been planned before Hilton's arrest last month in Las Vegas after an officer found a small amount of cocaine in her purse. She pleaded guilty Monday to drug possession and obstructing an officer and was placed on informal probation for one year. The terms of her sentence did not restrict travel overseas.

"Paris was contractually bound to her business trip and didn't want to let down her ... many Asian fans"
HILTON'S REP, DAWN MILLER

"Paris was contractually bound to her business trip and didn't want to let down her brands and many Asian fans," the Miller's statement said. "She intended on fulfilling her contract and is trying hard to do the responsible thing, but this is beyond her control. She is very disappointed by tonight's events."

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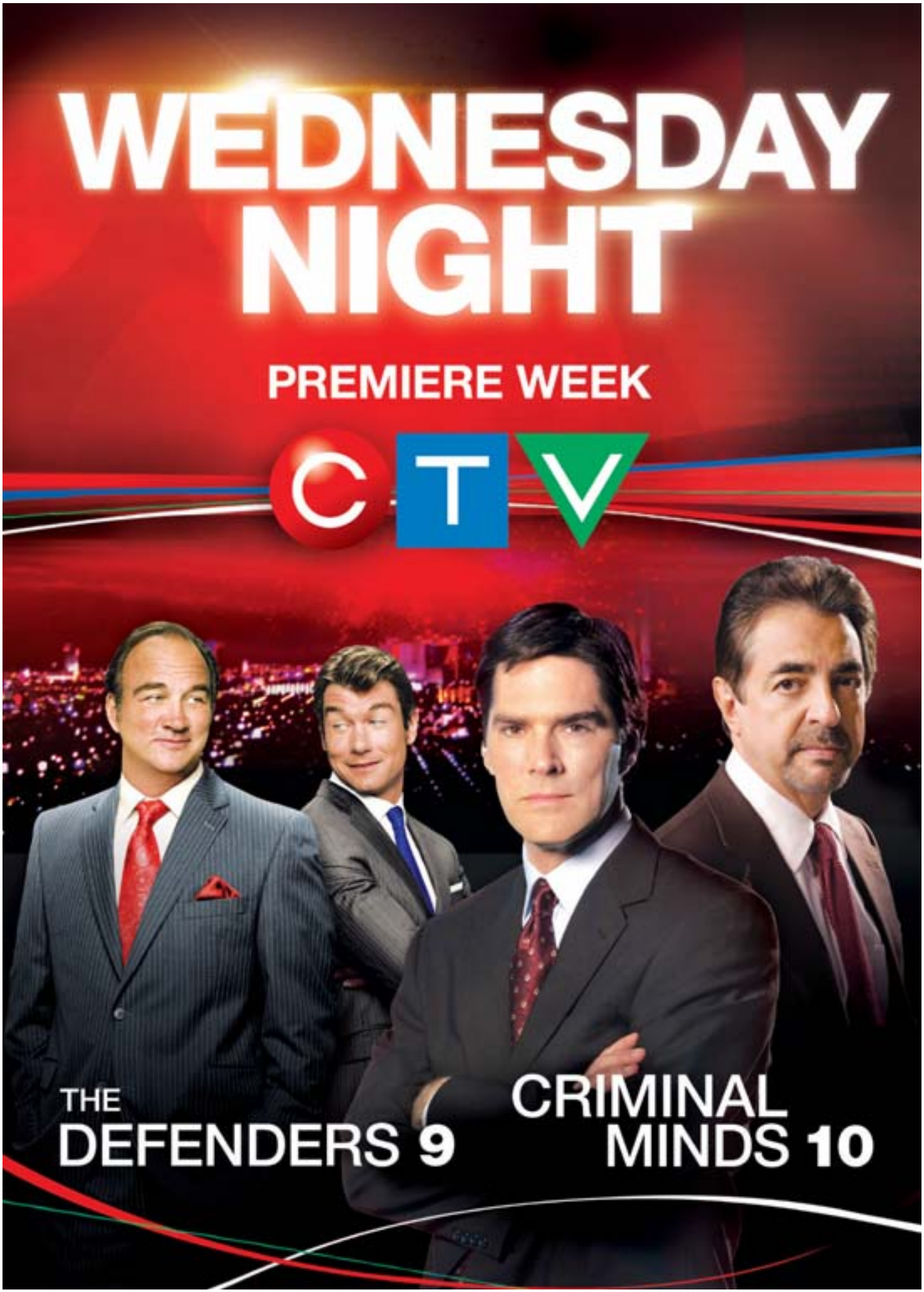

WEDNESDAY
NIGHT
PREMIERE WEEK
CTV
THE
DEFENDERS 9
CRIMINAL
MINDS 10

Fall's hottest movie picks

This year's cinematic goodie bag will last you through till Christmas

KUMAR SAHA
@METRONEWS.CA

GETTY IMAGES

▶ Harry Potter And The Deathly Hallows: Part 1

Spring's got the duds. Summer's got the blockbusters. Fall — probably in keeping with the myriad leafy colours of the season — brings in more mixed film fare.

So, here's the Metro list of what's hot and what's not in the world of movies for the chilly days ahead:

THE MEGA-MILLION-DOLLAR LIST:

Megamind (Nov. 5): After the disastrous Land of The Lost and the ho-hum The Other Guys, Will Ferrell needs a hit. And this animated send-up of superhero movies might just have the mainstream super-strength to save the day for the comedy star.

Due Date (Nov. 5): It's a Todd Phillips (The Hangover director) movie. It's a Robert Downey Jr. and Zach Galifianakis movie. No reason why Warner Bros. shouldn't be laughing all the way to the bank.

Harry Potter And The Deathly Hallows: Part 1 (Nov. 10): Only the boy wizard and his Hogwarts mates can take on the box-office might of Toy Story 3 and Inception — two of 2010's biggest hits.

ALSO SEE: Tron: Legacy, Paranormal Activity 2

THE ACADEMY LIST:

The Social Network (Oct. 1): Will uptight Academy voters "like" the new media phenom? Early critical buzz for the David Fincher film points to some serious nomination damage.

127 Hours (Nov. 5): It's a Danny "Slumdog Millionaire" Boyle movie all right but all the praise around this true tale of a trapped hiker has been heaped on star James Franco.

Black Swan (Dec. 3): If blogs are to be believed, Natalie Portman has the Best Actress Oscar locked down for her turn as a tortured ballet dancer in Darren Aronofosky's follow-up to The Wrestler.

ALSO SEE: Hereafter, True Grit, The King's Speech

THE ALTERNATIVE LIST:

The Girl Who Kicked The Hornet's Nest (Oct. 15): Girl wonder Lisbeth Salander's harrowing journey comes to an end in the final installment of the Millennium Trilogy.

Fubar 2 (Oct. 1): The Canadian cult classic about two Calgary headbangers returns with a bigger budget but the spirit of improvised buffoonery remains intact.

Catfish (limited release): Is it a documentary? True or not, this may be this year's biggest leftfield hit.

The Black List

- **Saw 3-D.** You knew this was coming. Maybe this will be so revolting that it will turn viewers off 3-D once and for all (now that's wishful thinking).
- **Burlesque.** Christina Aguilera goes the Britney Spears and Mariah Carey route. That can't be good news.
- **Little Fockers.** Some things just don't sound right. Or funny.

ALSO SEE: Jack Goes Boating, Jackass 3-D, The Tempest

GETTY IMAGES

▶ Director Mark Romanek

Romanek takes on dystopian romance

STEVE GOW
SCENE@METRONEWS.CA

Director Mark Romanek has an extensive music video background that goes beyond 25 years. He's worked with the likes of Madonna, Coldplay and Jay-Z and even has two videos in Manhattan's Museum of Modern Art.

Yet with all that experience, he's still learning how to make movies. "It's a completely different agenda," said Romanek while promoting his latest film, Never Let Me Go.

"Making a pop video is meant to be punchy and energetic and grab you by the collar … this is an adaptation of a Kazuo Ishiguro novel. You have to completely start from scratch, change your rhythms, change your whole sensibility."

Called the Best Novel of the Decade by Time Magazine, Never Let Me Go tells the tale of three young adults at a remote English boarding school that soon discover they're being groomed for the ominous future that awaits them.

"It really isn't a science fiction film," said Romanek about a surprising fantastical twist in the film. "It's a very subtle underplayed sense of an alternate history. It's interesting because it's a retro-future — it takes place in the '70s, '80s and early '90s, so it's not that kind of futuristic science fiction."

Still, it is a shocking dystopian romance and while it was bold enough to craft an oddball love story, that's nothing to the scrutiny fans of the novel will undoubtedly hold for Romanek's Hollywood adaptation. "You simply can't cram every beautiful detail into a film. You have to make some tough choices about getting at the essence of the story," defended Romanek.

"But the greatest validation for me is that Kazuo, the author, loves the film."

metro

Metro Edmonton, Editorial and Photography Interns, Edmonton AB

Metro Edmonton is inviting applications for reporting and photography internships.

The positions offer hands-on experience in a daily newsroom for journalists and photographers or recent grads who are beginning their careers. The positions are non-paid.

Successful applicants in the past have excelled at generating story ideas and writing concise and compelling features as well as covering breaking news. The ideal candidate can also combine photography and reporting skills.

Qualifications

The positions are open to students and recent graduates (within the last year or two).

The internships are full-time and start September 2010. They run for three-four weeks, based on availability, Sundays to Thursdays.

No calls please. Only those applicants considered for the position will be contacted.

Please e-mail samples of your work, a cover letter and resume identifying all relevant experience and/or skills to:

Harry Hodge | Metro Edmonton, Ste, 2070, 10123-99 Street NW, Edmonton, AB, T5J 3H1 | Tel: NO CALLS
E-mail: harry.hodge@metronews.ca | Web address: http://metronews.ca

Hugh Jackman's chopper gets electrified

Authorities say a helicopter used in the filming of the Hugh Jackman movie Real Steel snagged a power line in Michigan, causing a brief power outage and closing a roadway.

Huron County Sheriff Kelly J. Hanson told the Huron Daily Tribune of Bad Axe that no injuries were reported after the Sunday evening incident in Huron County's Sheridan Township, about 90 miles north of Detroit.

Hanson says the helicopter was equipped with a front-mounted camera. Hanson says the helicopter hooked the electrical wire, then seemed to have "directional control issues" before safely flying away.

THE ASSOCIATED PRESS

▶ Hugh Jackman.

Lohan not quite locked up yet

Officials at Los Angeles County Superior Court say a bench warrant was issued Monday for Lohan. However, authorities say Lohan won't be taken into custody pending the court hearing Friday.

Lohan confirmed on her Twitter page last week that she failed a court-ordered drug and alcohol screening.

Lohan spent two weeks in jail this year after violating probation stemming from convictions involving her 2007 arrests for drug use and driving under the influence.

THE CANADIAN PRESS

▶ Lindsay Lohan.

Talking points

MJ's kids to be on the stand

COURT. In the manslaughter trial of Michael Jackson, accused doctor Conrad Murray plans to call two of the late singer's children to testify, according to Radar Online. "Prince and Paris knew their dad relied on Dr. Murray to survive and knew their father adored him," a source says. "Their comments, if they back him, could save him from jail because it would work well in the eyes of a jury."

METRO

Religion the cause of Moss' divorce: Report

SCIENTOLOGY. Elisabeth Moss officially filed for divorce from her husband of less than a year, Saturday Night Live star Fred Armisen, according to Us Weekly. Moss and Armisen have been living separate lives since they split up in June, according to the court documents. While the cause of the breakup is unclear, sources say the Mad Men actress' devotion to Scientology came between them.

METRO

Getty back with wife

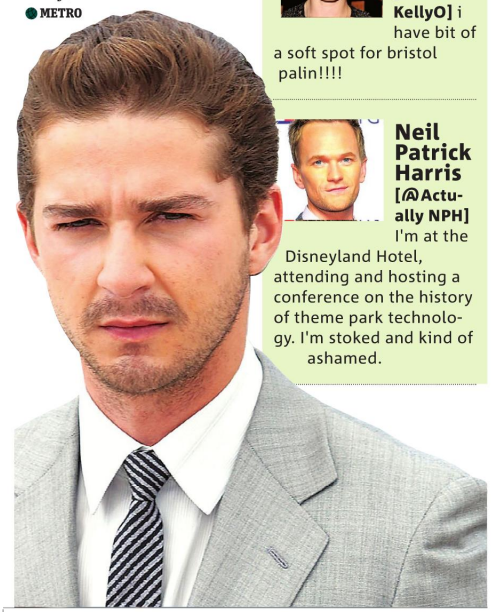
FAMILY. Actor Balthazar Getty is back with his wife, Rosetta, and family after his affair in 2008 with Sienna Miller split them up, and now he's opening up about it. "Here's the bottom line: It was a very challenging time for everybody involved," Getty tells Harper's Bazaar. "But I loved and missed my family too much not to make it work."

METRO

Shia is not green

ENVIRONMENT. Shia LaBeouf admits that he isn't that green. "I'm gonna be honest with you, I'm not environmentally friendly," he says, according to Showbiz Spy. "I'm horrible, horrible, horrible. My mom hates me for it. Sometimes I put the can in the right bin, sometimes I don't. I'm sorry, world."

METRO



Celebrity tweets

Lance Armstrong [@lancearmstrong] I've decided it's not that HOT here. However it is miserably HUMID.

Slash [@slash] Its been brought to my attention the Ernest Borgnine is the voice of "Mermaid man." I thought he looked & sounded just like him.

Kelley Osbourne [@MissKellyO] i have bit of a soft spot for bristol palin!!!!

Neil Patrick Harris [@ActuallyNPH] I'm at the Disneyland Hotel, attending and hosting a conference on the history of theme park technology. I'm stoked and kind of ashamed.

FACT: 161,085
STUDENTS AROUND THE WORLD ARE ABLE TO ATTEND SCHOOL BECAUSE OF ALBERTA NON-PROFIT ORGANIZATIONS.
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Alberta Council for Global Cooperation
WWW.ACGC.CA

Tell us what you are recording @metroedmonton

PVRTweets

NHL pre-season starts up this week! What team do think is going to take The Stanley Cup?

@CarlyJGallant hopefully the Habs!

@jess4002 i'm going to say the Washington Capitals - strong team and they've done great the past few years during the regular season.

@Enviralment Edmonton. And not because I'm a T-Hall fanboy.

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3 life

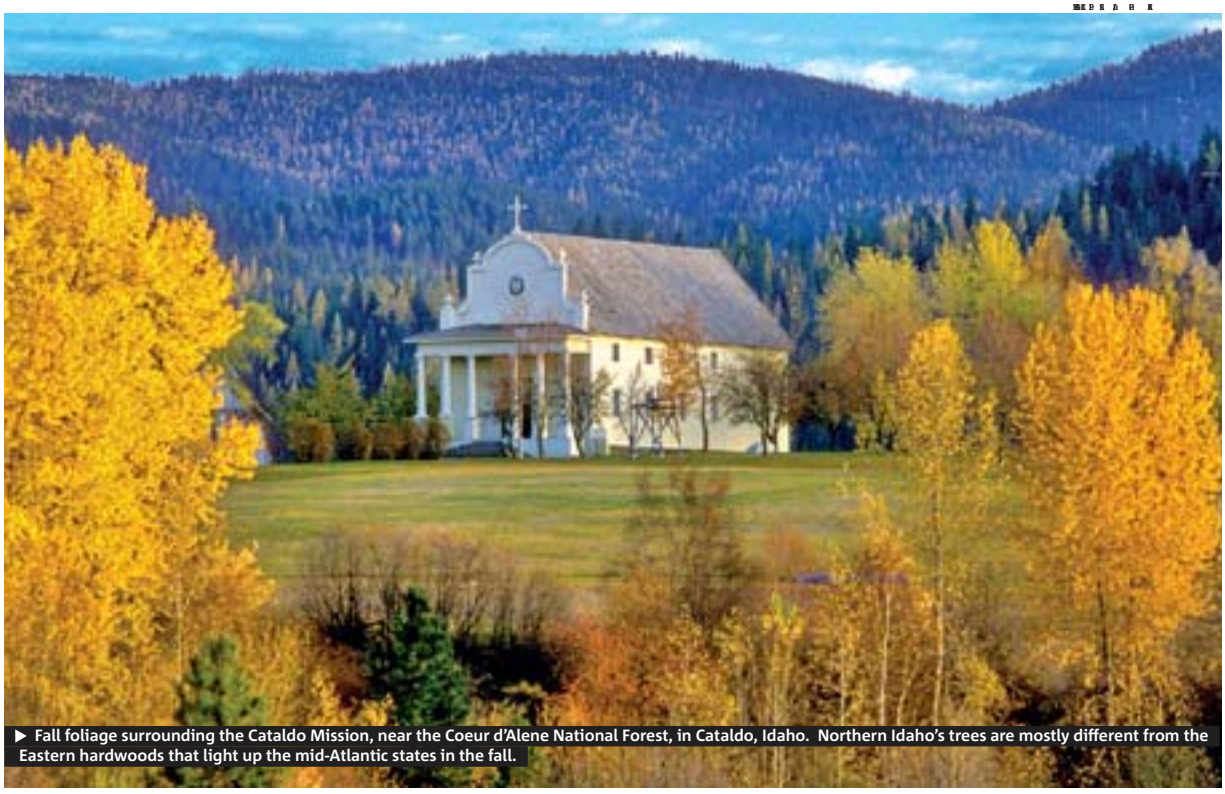
A better ride

Universal Orlando is tweaking an attraction to ensure even guests with bellies can enjoy the park's most popular Harry Potter ride.

After taking heat from guests too big to squeeze in, the company said Monday it has started tinkering to make Harry Potter and the Forbidden Journey more accessible.

THE ASSOCIATED PRESS

Pass offers coach service from London airports to destinations throughout Britain



▶ Fall foliage surrounding the Cataldo Mission, near the Coeur d'Alene National Forest, in Cataldo, Idaho. Northern Idaho's trees are mostly different from the Eastern hardwoods that light up the mid-Atlantic states in the fall.

A magical canopy of colour in Idaho

Fall foliage defies idea that autumn colour is something only found in the East ◐ A stunning riot of yellow, deep green and bright gold greet you

In this age of big-box stores, Sandpoint, in northern Idaho, offers the little box: The labyrinthine used bookstore, the coffee shop with a sagging couch and a pile of magazines, and a family-owned pharmacy and tool store that sells rubber bands, wheelchairs, birdseed, and dolls.

Just an hour south of the Canadian border, tiny Sandpoint (population 7,000) offers another counterpoint to prevailing perceptions as well, by defying the idea that fall foliage is something you only find in the eastern United States.

Northern Idaho's trees are mostly different from the eastern hardwoods that light up the mid-Atlantic states in the fall.

The mountains are dominated by evergreens, but they have some deciduous species such as quaking aspen, cottonwood and willow. Just as in the East, the trees here also display a stunning mix of colour as winter approaches.

The western larch, also called the tamarack, turns a bright gold as its needles drop to the ground.

Then there's the muted green of sage-covered hills with splashes of purple or yellow wildflowers and the round yellow leaves of the aspens glimmer like a basket of gold coins.

Chic Burge, a photographer who works in a store called Camera Corral in nearby town Coeur d'Alene, leads foliage hiking tours in the mountains along the border of Idaho and Montana, where colour peaks at the end of September and first half of October.

Idaho's culture is rooted in natural resources like agriculture, logging and mining, and the region's fall festivals make the most of those roots.

Fall visitors are just in time to see sheep herders moving the sheep down to lower pastures for the winter — the basis for Sun Valley's popular Trailing of the Sheep festival, which falls on Oct. 8 to 10 this years. THE ASSOCIATED PRESS

If you go ...

The West also has something lacking in most Eastern states: Space to enjoy the landscape on your own, or in the company of some cattle or sheep.

▶ **Getting there:** The nearest large city to northern Idaho is Spokane, Wash. Its airport is served by a half-dozen airlines, including Southwest and Delta. Or take a ride on Amtrak's Empire Builder between Chicago and Seattle.

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A bridge with a view

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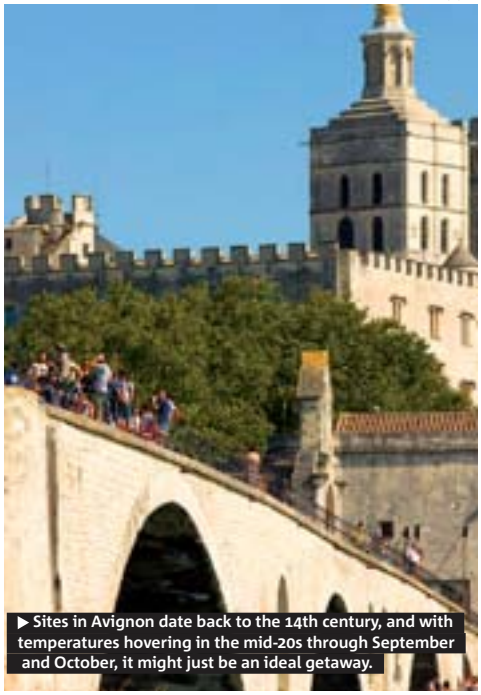

▶ Sites in Avignon date back to the 14th century, and with temperatures hovering in the mid-20s through September and October, it might just be an ideal getaway.

PAUL BALDWIN
PAUL.BALDWIN@METRO.LU

Why go now?
Avignon sits on the left bank of the Rhone in the south of France and enjoys a Mediterranean climate, with temperatures in September and October in the mid 20s. It's a lovely open city with a great history. Watch out for the mistral winds though – one historical jibe runs 'windy Avignon, pest-ridden when there is no wind, wind-pestered when there is.' Which we can assume won't be appearing on any tourism posters anytime soon.

It's my first time – what should I do?
Most of Avignon's historical monuments date from the 14th century, when for 70 years the papal seat was moved there from Rome. The massive Palais des Papes is the centrepiece: a vast Gothic confection of banqueting halls, crenelated towers and soaring ceilings but the city overflows with palaces, castles, museums and churches. The absolutely unmissable sight however is the Pont St-Benezet, the famous bridge of the folk song Sur le Pont d'Avignon. Only four of the original 22 original arches remain but they have an atmosphere all their own.

"There's not much left of the original bridge but what remains has an eerie feel."

I've been there before – what should I see this time?
The city walls provide exquisite (and free) views of the vineyards of the Rhone and the Rocher des Doms park. Other A-list attractions include the mediaeval paintings of the Petit Palais, the Romanesque cathedral Notre-Dame-des-Doms, and the Renaissance church of St-Pierre.

The area around rue de la Banasterie has a higgedly-piggeldy collection of 17th and 18th-century town houses, with mullioned windows and tiny courtyards.

Where's the best shopping?
The street alongside the Sorgue canal, where huge wooden waterwheels still turn, and has become something of a bohemian quarter, with inexpensive restaurants and arts and crafts shops. The Avignon Festival runs in July (festival-avignon.com) and is a fantastic shop-window for the foods, traditions and crafts of this city. It can get busy but if you can stand the crowds it creates a real buzz.

What's the nightlife like?
Tends to be restaurants and bars rather than banging nightclubs. The Place de l'Horloge is lined with cafés like La Civette with friendly courteous staff who don't mind if you stop for a coffee rather than the full menu. Try La Grille (25 Place de l'Horloge) brasserie where three-course set menus starting at about $39. La Cour du Louvre (23 rue St Agricol, 90 27 12 66) is tucked away in a stone-sided courtyard: its bourride fish stew is a Provençale speciality: $150 to $180 for two with wine.

Where should I stay?
Hôtel De Mons in Avignon centre (hotel-demons.com) is an amazing converted 13th- century chapel which, while it may not be everyone's taste, is great value at around $120 per night.

Dig a bit deeper and you might try the sumptuous La Mirande, an 18th-century former family home close to the Palais des Papes. Secluded and gorgeous. Not cheap but ask about deals.

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Red Fife Wheat Waffle

Pastry chef's recipe use Red Fife whole wheat

Preparation:
Whole-Wheat Waffles

Ingredients:

- 250 ml (1 cup) Red Fife whole-wheat flour
- 6 ml (1 1/4 tsp) baking powder
- 2 ml (10 tsp) baking soda
- 30 ml (2 tbsp) brown sugar
- 1 ml (1/4 tsp) salt
- 1 large egg
- 375 ml (1 1/2 cups) buttermilk
- 45 ml (3 tbsp) melted butter

1 Preheat waffle iron and grease lightly with vegetable oil. In a bowl, stir together flour, baking powder, brown sugar and salt. In a separate bowl, whisk together egg, buttermilk and melted butter. Fold buttermilk mixture into flour mixture until just combined; the batter will be slightly lumpy.

2 Pour about 125 ml (1/2 cup) of the batter onto hot waffle iron, spreading evenly. Cook according to manufacturer's instructions.

3 Serve immediately with warmed maple syrup, sliced peaches and wild blueberries. Makes 4 servings.

THE ASSOCIATED PRESS

Red Fife whole wheat: Delicious

Heritage Red Fife wheat perfect for baking only the best tasting breads and pastries says one chef

HANDOUT

▶ Andrea Damon Gibson poses in a field of Red Fife wheat.

Heritage Red Fife wheat is becoming the flour of choice for many Canadian artisan bakers. And for good reason.

The wheat is known as a landrace, which means there is a genetic variability in it that allows it to adapt to diverse growing conditions. It can be hard or soft, white or red and be planted in winter or spring.

Most of all, it is famous for being a fine milling and baking wheat. Yet it had fallen out of favour among commercial farmers as other varieties came on the market and only in recent years has it come to the fore again, especially through the actions of heritage and slow food activists.

A number of Canadian bakeries are turning to Red Fife wheat to augment their artisanal methods.

One such baker is Andrea Damon Gibson, a pastry chef.

A friend of theirs whose cousin is a farmer agreed to grow Heritage Red Fife wheat for the couple on his farm.

"Bob Marquis bought some organic Red Fife seed for us and planted it this past spring," says Damon Gibson.

"We have found quite a demand for whole-grain breads and other baked goods because of their health benefits and extra fibre," she says. "There are a lot of flours out there that have added some bran to white flour and call it whole wheat and it is not."

THE CANADIAN PRESS

Red Fife wheat

- It is the genetic grandparent of most Canadian wheat grown today and a vital part of wheat breeding.
- Red Fife wheat was hybridized with other varieties because of better disease resistance, improved yields and shorter growing seasons.

Keep current with good business blog

The right blog can provide the information you need to stay current

Have you found just the right blog expert for the latest industry trends and information? In a time-strapped world, such a resource may be all you need to keep completely current.

Take a look for example at blog.staples.ca where industry specialists get right to the point with the latest news, breakthroughs and illustrative videos. Log on for just two or three minutes each time, or stay on the site a little longer to interact.

The opinions, quick tips and requests of others — in similar business shoes — is highly useful for keeping an eye on the technology, sales techniques, marketing, financing, training, staffing and more.

Three-minute video interviews cover topics like How To Get Small Business Publicity, Bookkeeping Made Easy, How To Make A Business Plan — and hyperlinked, is a list of the most important daily business concerns including Getting Organized, Growing Your Business, Tax Tips, Promoting Your Business, Importance of Networking as well as special interest trends in categories like Biz Tips, Tech Tuesdays and Earth Matters.

NEWS CANADA

▶ The right blog may be all you need to keep completely current.

Blogs deliver useful tips

If you have no time for formal professional development or continuing education, find yourself just the right business blog for information and consultation, industry leaders say. It may take some trial-and-error to locate the best blog for your company needs, but when you do, just a few minutes each week will keep you right in the game.

"Staying profitable on the business speed train means keeping a constant eye on competition, technology, sales techniques, marketing, financing, training, support staff, and on all of the newest tools, gadgets and products," says Steve Matyas, president of Staples Canada. "Since management generally has no time to spare, Staples designed its blog to get right to the point with the latest news, breakthroughs and illustrative videos. Log on for just two or three minutes each time to keep up, or stay a little longer to interact. The opinions, quick tips and requests of others — in similar business shoes — is highly useful and educational too."

To avoid online trappings, time management specialists recommend this formula: locate the right resource; explore the design, format, and topics; bookmark it; return at a set time weekly (or daily) for bite-size updates. With regular, brief visits, the information will have far more value.

"Keeping sharp, keeping current, and keeping your creative mind engaged on all future trends can be done in just a few minutes every day with the right resource."

NEWS CANADA

York MBA top in Canada

PROGRAMS York University's Schulich School of Business has placed first among Canadian business schools in The Economist's 2010 ranking of MBA programs.

Schulich placed 10th overall, and is listed in the top 10 in several categories, Other Canadian schools include UBC's Sauder School of Business (79), uCalgary's Haskayne School of Business (82), and Concordia's John Molson School of Business (96) METRO

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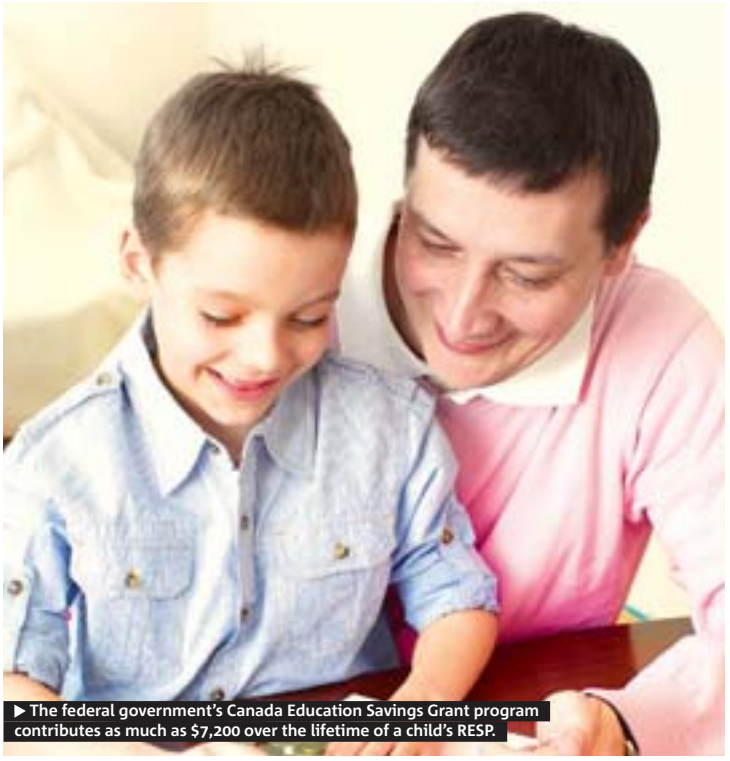
Start early, save more

New parents should consider investing as soon as possible to capitalize on tax and financial advantages



▶ The federal government's Canada Education Savings Grant program contributes as much as $7,200 over the lifetime of a child's RESP.

One of the first things that new parents or grandparents should do is to open an RESP (Registered Education Savings Plan) for their child.

When your life is focused on diapers, feedings and getting your infant to sleep through the night, university is not exactly top of mind. But, this is actually the ideal time to start saving. A report by TD Economics estimated that by 2027, the cost of a four-year undergraduate degree will be more than $100,000.

"If you start saving early, there are many tax and financial advantages on your side," says Carrie Russell, senior vice president at TD Canada Trust. "Like Registered Retirement Savings Plans, investment gains inside RESPs are tax sheltered and represent one of the best tax breaks out there — you end up with more money and pay less tax."

Here's how it works:

You open an RESP in your child's name and make contributions. The investment earnings in the RESP are sheltered, meaning you don't need to pay tax. When your child goes to post-secondary school, they can withdraw money as Educational Assistance Payments and that money is taxed at their rate. They are likely in a low tax bracket at that stage, so all the money from the RESP is subject to little or no tax.

The government will help:

The federal government's Canada Education Savings Grant program contributes as much as $7,200 over the lifetime of a child's RESP. The basic CESG contribution is 20 per cent of the first $2,500 contributed annually to an RESP, but the amount of the grant each year depends on your income level — lower household incomes benefit from increased support.

Get started:

To open an RESP you'll need a Social Insurance Number for your child. Then talk to your bank to find the right plan for you and determine a monthly contribution that fits your budget.

NEWS CANADA

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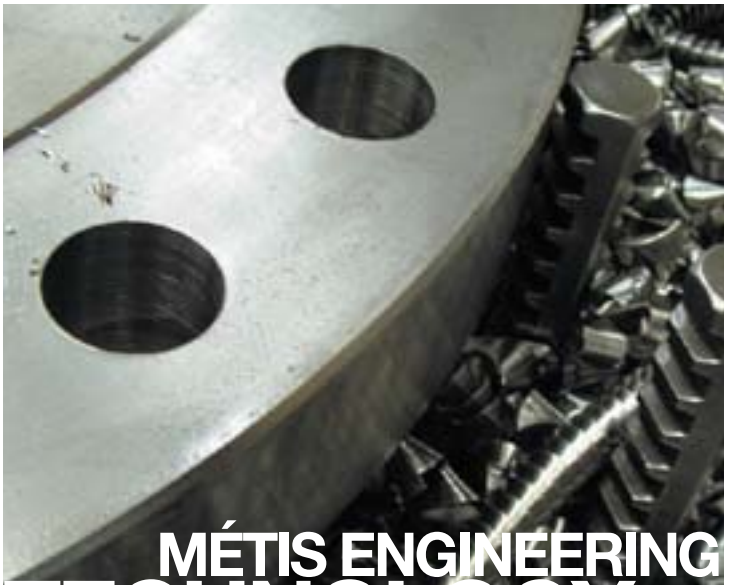

MÉTIS ENGINEERING TECHNOLOGY TRANSITION

Are you a Métis Youth between the ages of 18 – 30, interested in a career in the field of engineering, or want to be able to enroll in an engineering related program at NAIT? If so, the Engineering Technology Transition Program may be for you.

Training includes personal development, employability skills and the academic upgrading in Math, and Physics necessary for a post-secondary engineering program.

Upon successful completion of the program, you will have the minimum entry level requirements to apply to a full-time engineering related program at NAIT.

Space is limited, so apply today!

Program runs November 1st — June 10th, 2011
Application Deadline October 15th 2010

To apply or for more information, contact the Métis Employment Services office near you:
1-888-48-MÉTIS (1-888-486-3847)

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News in brief

Carleton, UWO faculty to hold strike votes

LABOUR Faculty members at Carleton University and the University of Western Ontario have approved strike votes at their respective institutions.

Without a contract since April, members of Carleton's academic staff association are at odds with administration on a number of issues, but tenure and promotion is the most pressing, says the association's president.

A strike vote at Carleton is expected to take place Oct. 4 and 5.

At a recent general meeting, more than 200 faculty members at UWO recommended the faculty association board organize a strike vote to back contract negotiations with administration. METRO

Report critical of university advising

SASKATCHEWAN According to a report commissioned by University of Saskatchewan officials, academic advising at the institution is in such poor shape that it is tarnishing the school's reputation.

The report notes that there are not enough advisers at uSask and students are suffering due to the poor access to quality advising. The report also states that advisers are under-paid, under-trained, and not respected by other employees. uSask has established an advising council to study the report. METRO

Calling on Canada's best and brightest

▶ The TD Scholarship for Community Leadership is awarded to exceptional students who have made a significant, positive impact on the world around them.

Only the most exceptional high school students in the country are selected for prestigious scholarship

They've shipped literacy materials to impoverished countries, developed local anti-discrimination groups and raised funds for victims of genocide — all before graduating high school.

For the past 15 years, some of Canada's brightest and most dedicated high school students have been recognized with the TD Scholarship for Community Leadership: a prestigious reward for exceptional students who have made a significant, positive impact on the world around them.

Each year, 20 outstanding students are awarded a scholarship worth up to $70,000 to cover post-secondary tuition and living expenses, as well as summer employment with TD for up to four years.

The scholarship provides students with the opportunity to stay focused on school work and giving back to their communities without having to stress about the financial burden of post-secondary education.

Dr. Jane Thompson, Executive Director of the TD Scholarship for Community Leadership program has met some incredibly dedicated students throughout her years working on the program, and has witnessed the impact the scholarships have had on their educational careers. Her advice? Apply, apply, and apply!

Dr. Thompson recommends the following tips for submitting a stellar application:

• Write clearly and concisely — let your accomplishments shine through.

• Consider the big picture — how have your actions impacted others?

• Apply early — don't risk accidentally missing the deadline.

• Read the requirements carefully — ensure you don't miss anything.

NEWS CANADA

How to apply

- **Interested applicants** applicants for the 2011 awards program must currently be in their final year of high school.
- **Applications will be** available online after September 1 and at high schools and CEGEPs (in Quebec) after September 20. All completed applications must be received no later than Oct. 31, 2010.
- **For more** details visit tdcanadatrust.com/scholarship.

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Better report cards begin with parental involvement

Heading back to school is an important milestone for children.

Soon it'll be a month into the school year, and the entire household will have settled back into school routines. But now isn't the time to relax — in fact, the next milestone is approaching quickly and it can be stressful for families: the first report card.

According to Dr. Nick Whitehead, founder and CEO of Oxford Learning, the first report card, while important, is not the final word on your child's academic potential.

"Parents should consider the first report card as a check-up on how children are adjusting to the new school year," he said. "It's a tool to help parents identify subjects and behaviours that may be trouble spots for the rest of the year."

Dr. Whitehead also recommends that parents don't wait until the first report card to see how their children are progressing.

In order to prevent unpleasant report card surprises, Dr. Whitehead says that parents should be involved in their kids' schooling from the first day of class. NEWS CANADA

▶ The first student report cards of the school year will be sent home very soon.

On the road to recovery

Expert says to expect a competitive recruiting market
Health care and natural resources the most in need

RAF BRUSILOW
LIFE@METRONEWS.CA

ISTOCK PHOTO

▶ Alberta's relatively quick recovery should create a demand for new jobs, say experts.

Alberta's job market is revving up in fields like health care and manufacturing while administrative and retail jobs are still lagging, statistics show.

A recent Labour Force Survey by Statistics Canada shows Alberta created 6,700 jobs this August with a total of 59,900 new jobs created in the past year, an increase of 2.1 per cent which ties it with British Columbia for highest increase over the same period.

Job postings are also usually a pretty good indicator of where employment trends are moving as businesses look to invest and expand.

At employment website Workopolis.com, president and chief brand officer Gabriel Bouchard says the Alberta market has seen overall job postings go up five per cent over the last year, second only to Quebec which saw an eight per cent increase, while all other Canadian provinces have seen job postings drop overall.

He says Alberta's relatively quick speed of recovery should create a demand for some new employees.

"What we saw during the recession in Alberta was the unemployment rate stayed pretty low comparatively and we're seeing now signs of a talent shortage — it's going to be a very competitive market for employers to recruit in," Bouchard said.

Job postings for health care positions actually doubled since last year, with the manufacturing and national resources sectors going up by about 50 per cent.

Hardest hit have been the retail, administrative and executive sectors, all down more than 20 per cent each in job postings.

"The sectors that are being impacted in Alberta, as it is around the country, are administrative positions and the retail, hospitality and food industries. They are all down significantly – companies are not as confident about these fields and people are not spending as much in those sectors and that's really having an impact," Bouchard said.

Looking at Alberta jobs by the numbers

Job posting rates in Alberta are as tumultuous as anywhere in the country but overall show a positive rise:

Alberta	Feb 10 vs. Aug	Aug 09 vs. Aug 1
Overall	-11%	5%
Admin/Support	-16%	-24%
Executive	-40%	-23%
Healthcare	47%	104%
IT	-25%	5%
Mfg/CPG	-2%	49%
Natural Resources	6%	49%
Other	3%	21%
Prof Svcs	-15%	1%
Retail/Hosp/Food	-13%	-22%
Sales	-3%	-8%
Trades, etc.	-18%	5%

Are you looking for a career change?
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The University of Alberta Faculty of Nursing offers a 2-year Bachelor of Science in Nursing After Degree Program for people with a previous university degree in any field. This program can be taken in Edmonton or Camrose.

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FACULTY OF NURSING
UNIVERSITY OF ALBERTA

* Completion of a BScN degree is required to write the Canadian Registered Nurse Examination

Connecting on a personal level

Nursing offers intellectual and personal challenges
The well-paid profession has an aging population

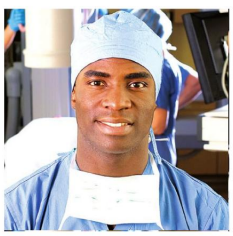
RAF BRUSILOW
LIFE@METRONEWS.CA

If you care for people and truly enjoy the challenge and reward of helping them, nursing could just be the career for you.

With most developed countries, Canada included, going through a continued nurse shortage nursing is also a career in high demand.

Joan Petruk, president of the College & Association of Registered Nurses of Alberta (CARNA), says the nursing sector is always in need of people who have the intellect and compassion to become nurses.

"There are a lot of intellectual challenges because there are so many different conditions and patients and the emotional reward happens every time you have success in seeing a patient get better or get through what they're going through," Petruk said.



Anita Molzahn, dean of the University of Alberta's Faculty of Nursing, says beyond emotional fulfillment, nursing offers many great career options.

"Most people come into the profession because they want to make a difference in people's lives — they want to improve healthy in communities. Increasingly it's a profession that's well-paid and nurses are given a large amount of respect as well as the opportunity to work in a wide variety of settings," Molzahn said.

Natalie Cloutier, 22, became a registered nurse in Alberta recently after graduating last April and in the months since has already seen and done more in her field than she ever thought possible.

She says the best thing about her career is meeting and caring for so many different people.

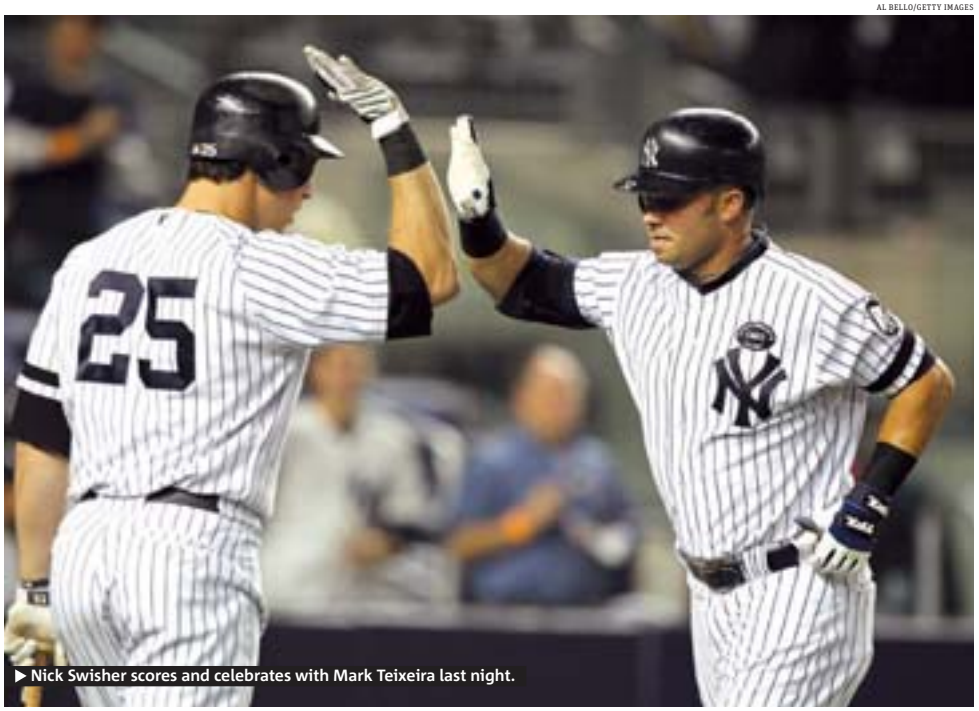
"Nurses really get to know patients on a personal level and I think that's really crucial to patient care — it gives you a more holistic approach to care," Cloutier said.

Aging workforce

A look at the age of Alberta's RN's

Statistics As of September 2009 there were 32,866 registered, active nurses in Alberta, with an average age of approximately 45 years old. Thirty-four per cent of those nurses are 51 years old or older and 24 per cent are between 41-51 years old.

AL BELLO/GETTY IMAGES



▶ Nick Swisher scores and celebrates with Mark Teixeira last night.

Yankees build lead over Rays

Swisher home run helps New York tighten grip on top spot in AL East
Tampa Bay put pressure on Yankee pitchers, but couldn't make it pay

8	3
YANKEES	RAYS

Nick Swisher homered off James Shields to key a five-run burst in the first inning and the New York Yankees beat Tampa Bay 8-3 on Tuesday night, opening a 2 -game lead over the Rays in the AL East.

The Yankees cut their magic number for clinching a playoff spot to four over Boston. The Red Sox played Baltimore.

Tampa Bay nicked Phil Hughes (17-8) and relievers Javier Vazquez and Joba Chamberlain, but never quite got the big hit it needed while stranding 10 runners.

Ahead 7-3, Chamberlain escaped a bases-loaded jam in the eighth by striking out pinch-hitter Brad Hawpe and getting John Jaso on a liner to centre. Chamberlain finished for his third save.

New York has won the first two in this four-game series, and pulled even at 8-all with the Rays this season.

Robinson Cano blooped an opposite-field, two-run double to left in front of a diving Carl Crawford for a 7-3 lead in the seventh. Derek Jeter doubled home a run in the eighth.

Shields (13-13) started against the Yankees for the sixth time this season. He had done well in his previous outings, but this time they figured him out in a hurry. It's a pattern that's troubled the Tampa Bay rotation for the last few weeks — aside from ace David Price, Rays starters have struggled

A bright moon hung over the right-field facade when the game began, and Swisher hit a rocket into the bleachers on Shields' sixth pitch for his 27th homer. THE ASSOCIATED PRESS

Jays get win, but No. 50 eludes Bautista

5	3
BLUE JAYS	MARINERS

The Toronto Blue Jays hit three home runs yesterday, none of them No. 50 for Jose Bautista.

So, no milestone moment on this night, although the blasts by Vernon Wells, Edwin Encarnacion and Travis Snider were plenty for starter Marc Rzepczynski in a 5-3 victory over the dreadful Seattle Mariners.

While Bautista remained stuck at 49 in his bid to become the 26th player in big-league history to reach the 50-homer plateau, the Blue Jays (76-74) moved a step closer toward securing a .500-or-better season before a crowd of 12,158.

They did it against a woefully limp lineup, as the nine Mariners (57-93) in the batting order had a combined 44 home runs, five less than Bautista. Beyond the top three of Ichiro Suzuki, Chone Figgins and Jose Lopez, their hitters were non-factors.

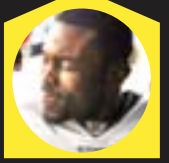
Suzuki was 4-for-4 with a walk, moving within three hits of 200 for a record 10th consecutive season. Figgins had two hits and an RBI, while Lopez added RBI singles in the first and fifth innings.

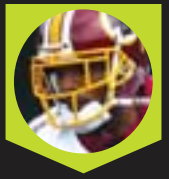
Rzepczynski (2-4), earned his first win since Aug. 13. THE CANADIAN PRESS

4 sports

Up and down

Michael Vick
He has been named the Philadelphia Eagles' starting quarterback, a day after coach Andy Reid said it was Kevin Kolb's job.





Larry Johnson
The former Pro Bowl running back was released by the Washington Redskins after gaining just two yards on five carries in two games with the team.

Good news for Twins: Mauer injury minor

2 The Twins entered last night's game against Cleveland with a magic number of two to clinch the AL Central title.

The Minnesota Twins say an MRI on Joe Mauer's sore left knee shows only tissue inflammation and no structural damage.

Manager Ron Gardenhire says Mauer may need a cortisone shot to help with the pain, but only expects him to be out for a few more days.

If he does take a shot, Gardenhire said the reigning AL MVP will miss four or five games tops.

It's a big relief for the Twins, who have been without Canadian slugger Justin Morneau for more than two months because of a concussion.

Mauer is hitting .331 and is a big reason for the team's surge to the top of the standings. He is batting .383 since the All-Star break.

THE ASSOCIATED PRESS

JAMIE SQUIRE/GETTY IMAGES

▶ Joe Mauer

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB	WCGB	L10	Str	Home	Away
New York	92	59	.609	—	—	5-5	W-2	51-25	41-34
Tampa Bay	89	61	.593	2½	—	4-6	L-3	46-29	43-32
Boston	83	68	.550	9	6½	5-5	L-2	43-34	40-34
Toronto	76	74	.507	15½	13	4-6	W-1	40-33	36-41
Baltimore	61	90	.404	31	28½	7-3	W-3	34-43	27-47

CENTRAL DIVISION

	W	L	Pct	GB	WCGB	L10	Str	Home	Away
Minnesota	91	60	.603	—	—	8-2	W-2	51-25	40-35
Chicago	79	71	.527	11½	10	2-8	L-7	40-34	39-37
Detroit	76	75	.503	15	13½	5-5	L-1	48-29	28-46
Kansas City	62	88	.413	28½	27	5-5	W-1	34-40	28-48
Cleveland	62	89	.411	29	27½	4-6	L-3	32-42	30-47

WEST DIVISION

	W	L	Pct	GB	WCGB	L10	Str	Home	Away
Texas	83	67	.553	—	—	6-4	L-3	48-26	35-41
Oakland	75	74	.503	7½	13½	6-4	W-2	45-30	30-44
Los Angeles	75	76	.497	8½	14½	7-3	W-3	40-34	35-42
Seattle	57	93	.380	26	32	2-8	L-1	35-42	22-51

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB	WCGB	L10	Str	Home	Away
Philadelphia	91	61	.599	—	—	9-1	W-9	50-27	41-34
Atlanta	86	66	.566	5	—	5-5	L-2	52-23	34-43
Florida	75	75	.500	15	10	4-6	W-2	37-39	38-36
New York	74	77	.490	16½	11½	5-5	L-4	44-30	30-47
Washington	63	88	.417	27½	22½	3-7	W-1	36-37	27-51

CENTRAL DIVISION

	W	L	Pct	GB	WCGB	L10	Str	Home	Away
Cincinnati	86	66	.566	—	—	5-5	W-2	45-30	41-36
St. Louis	77	73	.513	8	8	4-6	L-2	46-28	31-45
Houston	73	78	.483	12½	12½	6-4	L-1	41-37	32-41
Milwaukee	69	81	.460	16	16	4-6	L-3	36-40	33-41
Chicago	68	82	.453	17	17	8-2	L-1	33-43	35-39
Pittsburgh	52	98	.347	33	33	5-5	W-4	37-39	15-59

WEST DIVISION

	W	L	Pct	GB	WCGB	L10	Str	Home	Away
San Francisco	85	66	.563	—	—	6-4	W-2	45-30	40-36
San Diego	83	66	.557	1	1½	4-6	L-1	42-32	41-34
Colorado	82	68	.547	2½	3	6-4	L-2	51-24	31-44
Los Angeles	73	77	.487	11½	12	4-6	W-1	42-33	31-44
Arizona	60	91	.397	25	25½	3-7	W-1	36-40	24-51

AMERICAN LEAGUE

Last night's results
Toronto 5 Seattle 3
Kansas City 9 Detroit 6
N.Y. Yankees 8 Tampa Bay 3
Baltimore 9 Boston 1
Minnesota 6 Cleveland 4
Chicago White Sox at Oakland
L.A. Angels 2 Texas 0
Monday's results
Detroit 7 Kansas City 5
N.Y. Yankees 8 Tampa Bay 6
Baltimore 4 Boston 2
Minnesota 9 Cleveland 3
Oakland 3 Chicago White Sox 0
L.A. Angels 7 Texas 4
Today's games
(All times Eastern)
Cleveland (C.Carrasco 1-0) at Minnesota (Blackburn 9-10), 1:10 p.m.
Chicago White Sox (E.Jackson 3-2) at Oakland (Bre.Anderson 6-6), 3:35 p.m.
Kansas City (Davies 8-10) at Detroit (Scherzer 11-10), 7:05 p.m.
Tampa Bay (W.Davis 12-9) at N.Y. Yankees (A.J.Burnett 10-13), 7:05 p.m.
Seattle (Pauley 2-8) at Toronto (Drabek 0-1), 7:07 p.m.
Baltimore (Millwood 3-15) at Boston (Lackey 12-11), 7:10 p.m.
Texas (C.Wilson 14-7) at L.A. Angels (Haren 3-4), 10:05 p.m.

NATIONAL LEAGUE

Last night's results
Philadelphia 5 Atlanta 3
Washington 8 Houston 4
Pittsburgh 5 St. Louis 2
Florida 5 N.Y. Mets 2
San Francisco 1 Chicago Cubs 0
Cincinnati 4 Milwaukee 3
Arizona 3 Colorado 1
San Diego at L.A. Dodgers
Monday's results
Florida 4 St. Louis 0
Philadelphia 3 Atlanta 1
Houston 8 Washington 2
Cincinnati 5 Milwaukee 2
Tonight's games
(All times Eastern)
Atlanta (Hanson 10-11) at Philadelphia (Oswalt 13-13), 7:05 p.m.
Houston (W.Rodriguez 11-12) at Washington (Marquis 2-9), 7:05 p.m.
St. Louis (Lohse 4-7) at Pittsburgh (Morton 1-11), 7:05 p.m.
N.Y. Mets (Niese 9-9) at Florida (Sanabia 4-3), 7:10 p.m.
San Francisco (J.Sanchez 11-8) at Chicago Cubs (R.Wells 7-13), 8:05 p.m.
Cincinnati (Cueto 12-5) at Milwaukee (Ra.Wolf 12-11), 8:10 p.m.
Colorado (Jimenez 19-6) at Arizona (R.Lopez 6-14), 9:40 p.m.
San Diego (Stauffer 4-4) at L.A. Dodgers (Lilly 8-11), 10:10 p.m.

WILD CARD

AMERICAN LEAGUE

	W	L	Pct	GB
Tampa Bay	89	61	.593	-
Boston	83	68	.550	6.5
Chi White Sox	79	71	.527	10.0

NATIONAL LEAGUE

	W	L	Pct	GB
Atlanta	86	66	.566	-
San Diego	83	66	.557	1.5
Colorado	82	67	.550	2.5
St. Louis	77	73	.513	8.0
Florida	75	75	.500	10.0

AMERICAN LEAGUE

BLUE JAYS 5, MARINERS 3

Seattle	ab	r	h	bi	Toronto	ab	r	h	bi
ISuzuki rf	4	2	4	0	Snider lf	4	1	1	2
Figgins 2b	3	0	2	1	YEscor ss	4	0	0	0
JoLopz dh	5	0	2	2	JBautst rf	4	1	2	0
Smoak 1b	4	0	0	0	V.Wells cf	4	1	1	2
Lngrhn lf	4	0	0	0	Overay 1b	2	0	0	0
AMoore c	3	0	1	0	J.Buck c	4	0	2	0
MSndrs cf	4	0	0	0	A.Hill 2b	4	0	0	0
Tuiassp 3b	4	1	1	0	Encrnc dh	4	2	2	1
JoWilsn ss	4	0	0	0	JMcDnl 3b	3	0	0	0
Totals	**35**	**3**	**10**	**3**	**Totals**	**33**	**5**	**8**	**5**

Seattle	100	010	001 — 3
Toronto	210	200	00x — 5

E—Jo.Wilson (20). DP—Toronto 1. LOB—Seattle 9, Toronto 6. 2B—Tuiasosopo (5), J.Bautista (33). HR—Snider (10), V.Wells (28), Encarnacion (15). S—Figgins.

	IP	H	R	ER	BB	SO
Seattle						
French L,4-6	7	7	5	5	1	2
Olson	1	1	0	0	0	0
Toronto						
Rzepczynski W,2-4	6 1-3	7	2	2	3	8
Camp H,12	2-3	0	0	0	0	1
S.Downs H,23	1	0	0	0	0	0
Gregg S,34-39	1	3	1	1	0	1

HBP—by French (Overbay). PB—J.Buck. Balk—Rzepczynski.
T—2:12. A—12,158 (49,539) at Toronto.

NHL

PRE-SEASON

(x-split squad game)
Last night's results
Ottawa 5 Toronto 0
Philadelphia 4 New Jersey 3 (SO)
Florida 4 Carolina 1
Columbus 5 Atlanta 2
Colorado 3 St. Louis 1
Tampa Bay 4 Dallas 3
x-Calgary 3 Vancouver 2
x-Calgary at Vancouver
Phoenix at Anaheim
Tonight's games
(All times Eastern)
Ottawa at Toronto, 7 p.m.
Detroit at Pittsburgh, 7 p.m.
Washington at Columbus, 7 p.m.
Boston at Montreal, 7:30 p.m.
St. Louis at Minnesota, 8 p.m.
Chicago vs. Tampa Bay (at Winnipeg), 8 p.m.
Los Angeles at Colorado, 9 p.m.
San Jose at Anaheim, 10 p.m.
Edmonton at Vancouver, 10 p.m.

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Columbus	25	13	7	5	33	27	44
New York	25	13	8	4	32	27	41
Toronto FC	25	8	10	7	24	28	31
Kansas City	23	8	9	6	24	24	30
Chicago	23	6	9	8	28	31	26
New England	24	7	14	3	24	41	24
Philadelphia	24	6	12	6	27	39	24
D.C.	25	5	17	3	17	39	18

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Los Angeles	25	15	5	5	38	19	50
Real Salt Lake	25	13	4	8	38	16	47
FC Dallas	24	11	2	11	31	19	44
Colorado	24	10	7	7	32	24	37
San Jose	23	10	7	6	25	23	36
Seattle	25	10	9	6	30	29	36
Chivas USA	24	7	13	4	25	31	25
Houston	24	6	13	5	29	40	23

Tonight's game
(All times Eastern)
New England at FC Dallas, 8:30 p.m.
Friday's game
New York at Los Angeles, 11 p.m.
Saturday's games
Chivas USA at Philadelphia, 4 p.m.
San Jose at Toronto FC, 4 p.m.
Houston at D.C. United, 7:30 p.m.
Columbus at New England, 7:30 p.m.
FC Dallas at Kansas City, 8 p.m.
Seattle FC at Chicago, 8 p.m.
Colorado at Real Salt Lake, 10 p.m.

ENGLAND

LEAGUE CUP

Third Round
Yesterday's results
Birmingham 3 MK Dons 1
Brentford 1 Everton 1 (Brentford advances 4-3 on penalties)
Burnley 1 Bolton 0
Millwall 1 Ipswich 2
Peterborough 1 Swansea 3
Portsmouth 1 Leicester 2
Stoke 2 Fulham 0
Sunderland 1 West Ham 2
Tottenham 1 Arsenal 4
Wolverhampton 4 Notts County 2

SPAIN

LA LIGA

Yesterday's results
Osasuna 3 Real Sociedad 1
Athletic Bilbao 3 Mallorca 0
Real Madrid 3, Espanyol 0

BETTING

PRO LINE LOTTERY ODDS

WEDNESDAY, SEPT. 22

No.	SPT	VIS	HOME	V+	V	T	H	H+	O	#	U
50	BBL	CWS	OAK	2.5	2.1	3	1.45	1.75	—	—	—
51	BBL	ATL	PHI	2.4	2	3	1.5	1.8	—	—	—
52	BBL	HOU	WAS	1.9	1.6	2.8	1.8	2.2	1.8	8.5	1.6
53	BBL	KC	DET	3.25	2.65	3.2	1.25	1.4	1.8	8.5	1.6
54	BBL	STL	PIT	1.9	1.6	2.8	1.8	2.2	1.8	9.5	1.6
55	BBL	TB	NYY	2.2	1.8	2.8	1.6	1.9	1.6	9.5	1.8
56	BBH	CRAW	RCAN	2.4	2.2	3	2	2.2	—	—	—
57	BBL	SEA	TOR	2.5	2.1	3	1.45	1.75	1.6	8.5	1.8
58	BBL	BAL	BOS	2.6	2.2	3	1.4	1.7	1.8	9.5	1.6
59	BBL	NYM	FLA	2.1	1.75	2.75	1.65	2	1.8	8.5	1.6
60	BBL	SF	CHIC	2	1.65	2.75	1.75	2.1	—	—	—
61	BBL	CIN	MIL	1.9	1.6	2.8	1.8	2.2	1.8	8.5	1.6
62	BBH	JVOT	FIEL	2	1.8	3.4	2.4	2.8	—	—	—
63	BBL	COL	ARZ	1.4	1.25	3.2	2.65	3.25	2	9.5	1.5
64	BBL	TEX	LAA	2.1	1.75	2.75	1.65	2	—	—	—
65	BBL	SD	LAD	2.2	1.8	2.8	1.6	1.9	—	—	—
84	SCR	BLA	ASV	—	3.8	3	1.8	—	—	—	—
85	SCR	NCU	CHE	—	9.9	6	1.1	—	—	—	—
86	SCR	UDI	BLG	—	2.7	2.8	2.4	—	—	—	—
87	SCR	RMA	BRE	—	2	3	3.2	—	—	—	—
88	SCR	SMP	CAG	—	2.7	2.8	2.4	—	—	—	—
89	SCR	CESE	CAT	—	3.4	3	1.9	—	—	—	—
90	SCR	FIO	GENO	—	3.2	3	2	—	—	—	—
91	SCR	BARI	INT	—	7	4.25	1.3	—	—	—	—
92	SCR	MLN	LAZ	—	2	3	3.2	—	—	—	—
93	SCR	CHV	NAP	—	5	3.6	1.5	—	—	—	—
94	SCR	PAR	LEC	—	2.7	2.8	2.4	—	—	—	—
95	SCR	MNC	WBR	—	1.7	3.2	4	—	—	—	—

In the event of any discrepancy between this information and odds available from OLG, the latter shall prevail.

NFL

AMERICAN CONFERENCE

EAST

	W	L	T	Pct	PF	PA
Miami	2	0	0	1.000	29	20
N.Y. Jets	1	1	0	.500	37	24
New England	1	1	0	.500	52	52
Buffalo	0	2	0	.000	17	49

SOUTH

	W	L	T	Pct	PF	PA
Houston	2	0	0	1.000	64	51
Jacksonville	1	1	0	.500	37	55
Tennessee	1	1	0	.500	49	32
Indianapolis	1	1	0	.500	62	48

NORTH

	W	L	T	Pct	PF	PA
Pittsburgh	2	0	0	1.000	34	20
Cincinnati	1	1	0	.500	39	48
Baltimore	1	1	0	.500	20	24
Cleveland	0	2	0	.000	28	33

WEST

	W	L	T	Pct	PF	PA
Kansas City	2	0	0	1.000	37	28
San Diego	1	1	0	.500	52	34
Denver	1	1	0	.500	48	38
Oakland	1	1	0	.500	29	52

NATIONAL CONFERENCE

EAST

	W	L	T	Pct	PF	PA
Washington	1	1	0	.500	40	37
N.Y. Giants	1	1	0	.500	45	56
Philadelphia	1	1	0	.500	55	59
Dallas	0	2	0	.000	27	40

SOUTH

	W	L	T	Pct	PF	PA
Tampa Bay	2	0	0	1.000	37	21
New Orleans	2	0	0	1.000	39	31
Atlanta	1	1	0	.500	50	22
Carolina	0	2	0	.000	25	51

NORTH

	W	L	T	Pct	PF	PA
Chicago	2	0	0	1.000	46	34
Green Bay	2	0	0	1.000	61	27
Detroit	0	2	0	.000	46	54
Minnesota	0	2	0	.000	19	28

WEST

	W	L	T	Pct	PF	PA
Seattle	1	1	0	.500	45	37
Arizona	1	1	0	.500	24	54
San Francisco	0	2	0	.000	28	56
St. Louis	0	2	0	.000	27	33

WEEK TWO
Monday's result
New Orleans 25 San Francisco 22
WEEK THREE
Sunday's games
Dallas at Houston, 1 p.m.
Buffalo at New England, 1 p.m.
Cleveland at Baltimore, 1 p.m.
Atlanta at New Orleans, 1 p.m.
Tennessee at N.Y. Giants, 1 p.m.
Cincinnati at Carolina, 1 p.m.
San Francisco at Kansas City, 1 p.m.
Pittsburgh at Tampa Bay, 1 p.m.
Detroit at Minnesota, 1 p.m.
Washington at St. Louis, 4:05 p.m.
Philadelphia at Jacksonville, 4:05 p.m.
San Diego at Seattle, 4:15 p.m.
Oakland at Arizona, 4:15 p.m.
Indianapolis at Denver, 4:15 p.m.
N.Y. Jets at Miami, 8:20 p.m.
Monday, Sept. 27
Green Bay at Chicago, 8:30 p.m.

CFL

WEEK 13

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
Montreal	11	8	3	0	344	250	16
Hamilton	11	6	5	0	270	286	12
Toronto	11	6	5	0	237	293	12
Winnipeg	11	3	8	0	291	290	6

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
Calgary	11	9	2	0	396	245	18
Saskatchewan	11	7	4	0	321	304	14
B.C.	11	3	8	0	276	295	6
Edmonton	11	2	9	0	200	372	4

Friday's game
(All times Eastern)
Montreal at Winnipeg, 8 p.m.
Saturday's games
Saskatchewan at Hamilton, 6:30 p.m.
B.C. at Calgary, 9:30 p.m.
Sunday's game
Edmonton vs. Toronto (at Moncton, N.B.), 12 p.m.

TRANSACTIONS

BASEBALL

MLB

AMERICAN LEAGUE
KANSAS CITY ROYALS—Signed a two-year player development contract with Kane County (MWL).
TORONTO BLUE JAYS—Signed a two-year player development contract with Las Vegas (PCL).
NATIONAL LEAGUE
ST. LOUIS CARDINALS—Released INF Felipe Lopez unconditionally.
SAN DIEGO PADRES—Placed INF Jerry Hairston Jr. on the 15-day DL. Named A.J. Hinch as vice president of professional scouting.
WASHINGTON NATIONALS—Signed a two-year player development contract with Auburn (NYP).

FOOTBALL

NFL

LEAGUE OFFICE—Fined Baltimore coach John Harbaugh $15,000 for impermissible verbal and physical contact with an official during Sunday's game against Cincinnati. Fined N.Y. Giants RB Brandon Jacobs $10,000 for tossing his helmet into the stands during Sunday's game against Indianapolis. Suspended Houston OT Duane Brown four games for violating the NFL's policy on performance-enhancing drugs.
ARIZONA CARDINALS—Signed LB Alex Hall. Released LB Cyril Oboizor. Released LB Curtis Gatewood from their practice squad.
ATLANTA FALCONS—Placed RB Jerious Norwood on injured reserve. Signed RB Gartrell Johnson III to the active roster and RB Shawnbrey McNeal to the practice squad. Released LB Bear Woods from the practice squad.
BUFFALO BILLS—Signed RB Andre Anderson to their practice squad.
CLEVELAND BROWNS—Placed LB Kaluka Maiava on injured reserve. Re-signed LB Titus Brown from Denver's practice squad.
DENVER BRONCOS—Waived RB Lance Ball. Re-signed RB Andre Brown.
JACKSONVILLE JAGUARS—Signed QB Todd Bouman. Placed QB Luke McCown on injured reserve.
PHILADELPHIA EAGLES—Signed RB Joique Bell from Buffalo's practice squad. Released WR Hank Baskett. Released S Chip Vaughn and RB Martell Mallett from their practice squad.
WASHINGTON REDSKINS—Released RB Larry Johnson.

HOCKEY

NHL

ATLANTA THRASHERS—Sent F Ian McKenzie, G Chris Carozzi, and G Ed Pasquale to Chicago (AHL). Returned D Ben Chiarot to Sudbury (OHL), D Sebastian Owuya to Medicine Hat (WHL) and D Cody Sol to Saginaw (OHL).
CHICAGO BLACKHAWKS—Assigned F Rob Flick, F Byron Froese, F Mirko Hoefflin, F Phillipe Paradis and G Kent Simpson to their junior clubs. Assigned G Joe Palmer to Rockford (AHL). Released F Steele Boomer and D Dallas Jackson.
COLORADO AVALANCHE—Returned C Joey Hishon to Owen Sound (OHL).
NEW YORK ISLANDERS—Signed LW Nino Niederreiter to a three-year contract.
OTTAWA SENATORS—Reassigned LW Jakub Culek to Rimouski (QMJHL) and RW Mark Stone to Brandon (WHL).
SAN JOSE SHARKS—Signed G J.P. Anderson, F Curt Gogol and F Michael Sgarbossa.
WASHINGTON CAPITALS—Signed D Tom Poti to a two-year contract and G Brandon Anderson to a three-year contract.

AHL

GRAND RAPIDS GRIFFINS—Named Kelli Bytwork community relations and corporate sales assistant.

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▶ The 2011 Jeep Grand Cherokee does exactly what you'd expect from the marque and more.

Grand Cherokee's king of the hill

Not that you'd climb one but there ain't no mountain high or rough enough for the 2011 powerhouse ● New model features improved interiors

JIL MCINTOSH
@METRONEWS.CA

The trail up the hill is rocks, and the drop down is so steep that only the seatbelt keeps me from falling into the windshield. Naturally, the redesigned 2011 Grand Cherokee takes it in stride, along with improvements for a smooth asphalt ride as well.

It uses a Mercedes-Benz platform, has a selectable terrain mode similar to Land Rover's, and throws in Chrysler's newfound attention to interior quality.

It starts at $37,995 for the base Laredo E, followed by Laredo X at $42,995, Limited at $46,995 and Overland at $49,995. The trim levels are differentiated both by features and off-road capability.

The 5.7-litre Hemi V8 is unchanged, but the previous 3.7-litre V6 is replaced with Chrysler's all-new 3.6-litre V6. It provides 80 more horsepower, but with an improvement in fuel economy.

Grand Cherokee offers three 4x4 different systems. The base Quadra-Trac I, standard on the Laredo models, is full-time four-wheel. Quadra-Trac II is optional on Laredo X, and standard on Limited and Overland; it adds low range and can send all engine power to the front or rear axle.

Quadra-Drive II, optional on all but the base model, is similar but adds an electronic limited-slip differential that sends full power to a single wheel if the other three are helplessly spinning.

The interior design doesn't break any new ground – I like the simple, big-buttoned centre stack, but some might find it too austere — but it's light-years ahead of its predecessor in materials and finish. The previously cramped rear seats are now fine for six-footers, and the cargo area is larger, including two nifty removable storage bins tucked around the spare tire, and flat-folding rear chairs. All models features dual-zone a/c, power driver's seat, pushbutton start and active front head restraints.

The specs

2011 JEEP GRAND CHEROKEE

- **PRICE** 0$37,995 - $49,995
- **ENGINE** 3.6 L V6, 5.7 L V8
- **FUEL ECONOMY** V6: City 13.0 (22 mpg), hwy 8.9 (32 mpg); V8: 15.7 (18 mpg), 10.6 (27 mpg)

5 drive

In brief

Iconic car show Top Gear has been rocked by a scandal surrounding mystery driver The Stig. The driver who races cars anonymously on the show has revealed his identity in a new book, which contravenes his contract with the BBC.

METRO WORLD NEWS

Scan code for more car reviews and news

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▶ Mini E offers a glimpse into the future of gasless driving.

Mini E prototype charging ahead

All-electric model retains brand's zippy driving feel Here are some of the reasons why you should care about BMW's pint-sized breakthrough

JUSTIN PRITCHARD
DRIVE@METRONEWS.CA

As a rolling technological showcase and glimpse at a possible future in gasless mobility, Mini has created a wholly electric-powered model called the Mini E. It's fun to look at and runs only on electrons.

Electric cars like this aren't popping up all over Canadian roadways just yet, but the fully-functioning Mini E is a look at a technology that us Canucks will soon start seeing plenty more of.

I recently spent a morning with a Mini E prototype that had retired from a fleet of early test models deployed to gather real-world data south of the border. As a die-hard lover of fossil fuels, the Mini E changed my perceptions on electric transportation in more ways than one.

Here's a look at some of the important notes from the test drive — and some of the reasons you should care about this little electric thing.

• Things fire up and slip into gear just like a regular automatic Mini Cooper. Relays click away as the instruments come to life, though no starter motor sounds are apparent. Once started, the Mini E is basically quiet — albeit for a slight hum from a battery-pack cooling fan.

In production

▶ BMW will be selling an all-electric production car by time the 2013 model year rolls around.

• Electric motors make all of their torque, all of the time. The tester had 162 lb.-ft of the stuff available at every r.p.m., backed by 201 horsepower. Every press of the throttle, from any speed, is thereby met with a meaty forward surge of acceleration. The Mini E is in about the same butt-hauling ballpark as the Mini Cooper S, Volkswagen GTI or Volvo C30 T5.

• Lift the throttle, and aggressive brake-energy regeneration makes using the brake pedal almost obsolete if drivers time their stopping properly.

• If the tested prototype went into production as-is, owners could drive about 160 kilometres on a 24-hour charge. A three-hour charge is possible, but requires the use of a higher voltage outlet. As is, the tester recharged via an adapter plugged into a standard household plug. If your daily travels were less than 160 kilometres, you'd never have to gas up again.

Auto Pilot

MIKE GOETZ
DRIVE@METRONEWS.CA

PROJECT EVE SOARS HIGH

The consortium, Project Eve, was recently formed, with the mission to get electric car production in this country to the next level.

It includes firms, universities, infrastructure entities, etc., who all know a thing or two about how to design and build a state-of-the-art electric car. Basically, it's like all the smart kids in class getting together to collaborate on a science project.

In fact, two of the member firms, Toronto Electric and Motive Industries (Calgary), have already built working prototypes, and they will be the first two products the consortium will build and sell to fleet customers, on a per-order basis (a full line-up is in the works).

Motive has a passionate leader in the form of Nathan Armstrong. Project Eve was officially launched at the EV Conference in Vancouver last week. It was also the occasion where Armstrong revealed the design sketch of Motive's upcoming 4-seat electric car, called the Kestrel.

Noted Armstrong, in a Project Eve press release: "We see a unique opportunity with Project Eve to move electric mobility towards a production reality. We also wish to support the Canadian auto sector by providing sustainable products and opportunities to create new manufacturing jobs."

The jobs may come, but right off the bat the Kestrel certainly opened up opportunities of another sort — for questionable headline references to "smoking up" and "getting high" — because Project Eve revealed that this EV's body panels will be constructed of fibres originating from a species of cannabis.

Obviously the plant in question is not marijuana but its cousin, hemp, which is more suited to fibre production and actually legal to grow in this country.

The Alberta Research Council founded a project to find ways of using Alberta-grown hemp fibres and Alberta-manufactured polymers to produce a "biocomposite" material that could be used in lots of products, including cars.

According to Project Eve spokesperson, John Scott, "Canada possesses more than enough know-how, talent, and enthusiasm to play a major role in electric mobility… Project Eve is designed to accelerate the process, so we're all rowing in the same direction."

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More choice for Durango

The all new 2011 Dodge Durango is fuel efficient – it can travel from Vancouver to Calgary on one tank

▶ The all new 2011 Dodge Durango.

Dodge is expanding its presence in the crossover segment with the all new 2011 Dodge Durango.

The Durango is a three-row vehicle spacious enough to carry the entire crew and performance-tuned to thrill anyone who truly loves to drive. Durango will lead the Dodge brand's new product onslaught for 2011.

From its sleek exterior design to its modern, spacious interior, and intelligent, fuel-efficient and powerful powertrain options, the 2011 Dodge Durango is all new from the inside out.

And the changes are more than skin deep.

The Durango's stiffened unibody structure is engineered with the driving enthusiast in mind.

The end result is a vehicle that delivers premium driving performance combined with SUV capability and crossover versatility.

The all-new Durango features two engine options: the standard fuel-efficient and powerful 3.6-litre 24-valve Pentastar V6 engine and the available 5.7-litre Hemi V8 engine with fuel-saving, Multi-displacement system (MDS) four-cylinder mode.

Both engines feature variable-valve timing (VVT) and come standard with all-wheel drive.

In addition to great efficiency, the engines provide exceptional V6 and V8 towing capability with standard trailer sway control (V8 - 7,200 lbs. and best-in-class V6).

The new Durango also offers consumers 45 safety and security features, including standard front seat-mounted side air bags and standard side-curtain air bags that cover passengers in all three rows, as well as all-new standard active head restraints.

The best part is, consumers will get all of the all-new Durango's capability, functionality and flexibility and still get excellent fuel efficiency.

In fact, drivers can go more than 1,000 km on one tank of fuel — that's the distance from Vancouver to Calgary.

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▶ The 'Nose Team' at Volvo smells materials that could be used in their car interiors.

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METRO WORLD NEWS IN LONDON

New car smell — you either love it or hate it. It's a specific scent, a combination of as yet unstabilised chemical compounds released from new plastics, synthetic seat fabrics, glue, vinyl and if you're at the right price level, leather.

Fortunately, carmakers work hard to remove potentially harmful chemicals and reduce toxic odours from their cars.

Volvo has strict guidelines in order to reduce unhealthy emissions and cut down the amount of hydrocarbons emitted from the materials in the car. They also want your car to smell sweet.

Hanna Sundqvist is one of nine members of Volvo's 'Nose team' of test engineers, responsible for assessing odours from the materials in a car. Analysis of the emissions reveals what substances are emitted and completes the test results from the odour panel.

"We try to reduce odour," she explains. "We tolerate a certain level of odour as long as it is perceived as pleasant — an odour that we like to have in our new cars."

She explains that odour is subjective, someone's perception of a substance. "There is no analytical instrument that can tell if something smells good or bad or how bad. To do this evaluation the human nose is outstanding."

▶ Audi only uses bull hide leather specially sniffed before it is selected

Samples of the material to be evaluated are placed in glass bottles and heated at 40C for 24 hours. The team then scores the scent from 1 (noticeable) to 6 (unbearable). "An approval result must not exceed 3 — 'Clearly noticeable but not yet unpleasant,'" says Sundqvist. The smell of the complete car is judged after it has been heated to 65C, to simulate a hot European summer day.

Audi created their six-strong "Nose Team" in 1985, to ensure that the wood for your dash and the

tailored to motorists ◗ Citroen enhance the experience for drivers

bull hides for your seats smell great, and testing is vigorous. Leather is chopped into samples that are put in jars and heated to 80C, then graded on odour by each professional sniffer.

The Audi Nose team analyses more than 500 different components from the interior of each model separately, as well as the scent of the complete car.

But while there are some whose job it is to remove smells, others are focussed on creating scents to match or enhance your mood. Citroen offers nine aromas in their C3 and C4 ranges. You can slot cartridges into the diffuser that will subtly infuse your cabin with an anti-tobacco odour-eater (very French) to one that can perk you up.

Carmaker Rinspeed presented the Senso concept in 2005, in which drivers were calmed with vanilla-mandarin and revived with citrus-grapefruit scents. Maybach offers an optional Swarovski crystal atomiser, Peugeot offers a choice of fragrances in its 207 and 308, there's a diffuser in the Fiat 500 and Renault is set to launch a new luxury model, the Latitude, which also features a double diffuser ioniser.

Maximum protection Jag style

Jaguar launched an armoured version of its new XJ luxury sports sedan at the 2010 Moscow International Motor Show.

The new XJ Sentinel offers the ultimate in discreet protection, being virtually indistinguishable from the standard XJ model, yet featuring a state-of-the-art armouring package which provides occupants with up to B7 levels of ballistic protection.

Benefiting from Jaguar Land Rover's extensive experience in the armoured vehicle market, the XJ Sentinel is supplied with a full three-year 50,000-mile factory warranty, along with comprehensive after-sales support from specialized technicians.

Jaguar engineers focused on ensuring that the XJ Sentinel retained the real-world usability of the standard car. Based on the long wheelbase XJ, the armoured vehicle maintains that model's luxurious interior package, its compelling blend of comfort and agility, and convenient servicing using regular dealer equipment. FROM CARGUIDE

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way of electric

Batteries need to get cheaper, Magna president says ◗ Auto parts giants developing e-car systems

▶ Until batteries become less expensive, electric cars may not have mainstream cache, experts say.

Cost is still the major factor dissuading consumers from buying electric vehicles, and until producers can find a cheaper battery — or until gasoline prices soar — zero-emission vehicles will remain a niche market, industry players say.

"When electric vehicles have similar range performance and costs to an internal combustion engine ... then there will be a tipping point where we can get to the mainstream consumer, and people will switch in high volume to hybrids and electric vehicles," Dave Pascoe, vice-president of Magna International's E-Car Systems division, said this week.

But for the time being, Pascoe estimated that gas prices would need to top US$5 a gallon — about C$1.36 per litre — for hybrid vehicles to appeal to the average driver.

At this price, it would take about three years for the consumer to offset the higher cost of the vehicle with savings on gasoline. At today's gas prices — about C$1 per litre — it will take closer to six years, Pascoe said.

Speaking at a panel discussion on electric vehicles Monday in Toronto, Pascoe said many problems with the new technology have been eliminated in recent years, but batteries still remain prohibitively expensive.

"Life (of the battery) has gotten better, range has gotten better, but cost has not really gotten better," Pascoe said.

"At today's prices electric vehicles won't go big, but costs are coming down so there's hope for the future."

Electric vehicles are a growing part of Magna's business, especially since founder and chairman Frank Stronach took control of Magna E-Car Systems as part of a recent deal that will see him receive more than $1 billion to give up his voting control of the company.

Magna announced Monday that it is opening a new hybrid — and electric-vehicle system development centre, including a battery testing facility, in Auburn Hills, Mich.

The electric vehicle division of the Canadian auto parts giant is already working on several programs, including a joint venture to create an electric version of the Ford Focus.

Pascoe said Magna E-Car Systems has "at least one other award" in the works, but wouldn't give any details. Recent reports said the company is in talks with Japan's GS Yuasa Corp. to produce batteries for electric cars in Europe.

"We'll be working with strategic partners and we do have strategic partners, drawing from their technology and also doing some internal development of our own," Pascoe said in an interview following the panel discussion.

"Batteries are the key to making it work, so that's where our biggest focus is."

Specifically, Magna is looking at developing lower-cost and higher-performance batteries for hybrids and purely electric vehicles, he said.

Electric vehicles can be powered by hydrogen fuel cells, lithium-ion batteries and other technologies like nickel-cadmium batteries.

The company is also focusing on increasing volumes by providing common components to multiple customers.

"If we bring the volume up, we'll be able to deal with the cost issue, because it is a very big issue for us and our customers," Pascoe said.

Sarwant Singh, vice-president of Frost and Sullivan's global automotive practice, said hybrid and purely electric vehicles are forecast to account for seven to 12 per cent of all cars produced globally by 2020. He expects 47 different automakers to launch a total of 75 electric models by 2015, with 35 of those coming from Chinese manufacturers.

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Cruze hatchback visits Paris

A show car version of Chevrolet's Cruze five-door hatchback compact contender was recently seen for the first time at the Paris Motor Show.

It was one of four world Chevrolet premieres at the show.

With the introduction of the new Cruze hatchback, customers have an alternative body style to the traditional sedan and Chevrolet has raised the bar again with a vehicle that brings new levels of value against some of the more established competition.

Since its European launch in the spring of 2009, the Chevrolet Cruze sedan has been warmly welcomed by markets all over the world, greeted as a step change for the brand with customers attracted to its coupe style, build quality, five-star NCAP rating and driving dynamics.

Outside of Europe, Cruze's sales momentum is equally evident.

In China alone, Chevrolet has sold nearly 90,000 Cruze since the start of the year, while the saloon is also selling well in Russia, parts of South America, and in India and other emerging markets.

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SUV? Hatch? It's a Matrix

Toyota model youthful without compromising automaker's reliability

SECOND GEAR

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The Toyota Matrix is a tall hatchback with a small SUV look and stance that benefits owners by perching them up high in the car and providing a commanding forward view. Sharp and youthful to a higher level than its over-achieving and under-styled brother, the Corolla, Matrix makes the most sense to most people coming from a wide range of lifestyles.

Available in front or all wheel drive (AWD), the Matrix could also be fitted with numerous features and options to suit a wide variety of needs. With 428 litres of cargo space, it offered one of the largest interiors in its class, too. A wide variety of dealer-installed and aftermarket accessories are available, too.

Power came from a high-revving 1.8 liter four-cylinder unit with up to 180 horsepower in Matrix XRS models, though power output figures were reduced as time passed.

What Owners Like:
Dependability, adaptability, flexibility and a fun-to-drive attitude are highly rated by Matrix owners, as is its relatively decent fuel consumption, and wintertime traction in models equipped with the AWD system.

What Owners Hate:
Common gripes include a lousy factory stereo system, squeaks and rattles as the Matrix ages, excessive wind noise and some low-budget interior parts.

Common Issues:
On a test drive, be sure to watch for a check engine light, which could indicate a number of problems including an emissions control fault or a bad oxygen sensor. Be sure to note the engine's idling as well. It should be smooth and steady. With an automatic transmission, ensure that shifts occur with minimal hesitation and that no 'slippage' is present. With a manual, be sure the clutch take-up feels smooth and positive.

The specs

- **MODEL** 2002 to 2006 Toyota Matrix
- **VEHICLE TYPE** Small crossover
- **APPROXIMATE USED PRICE RANGE** $4,500 to $14,000

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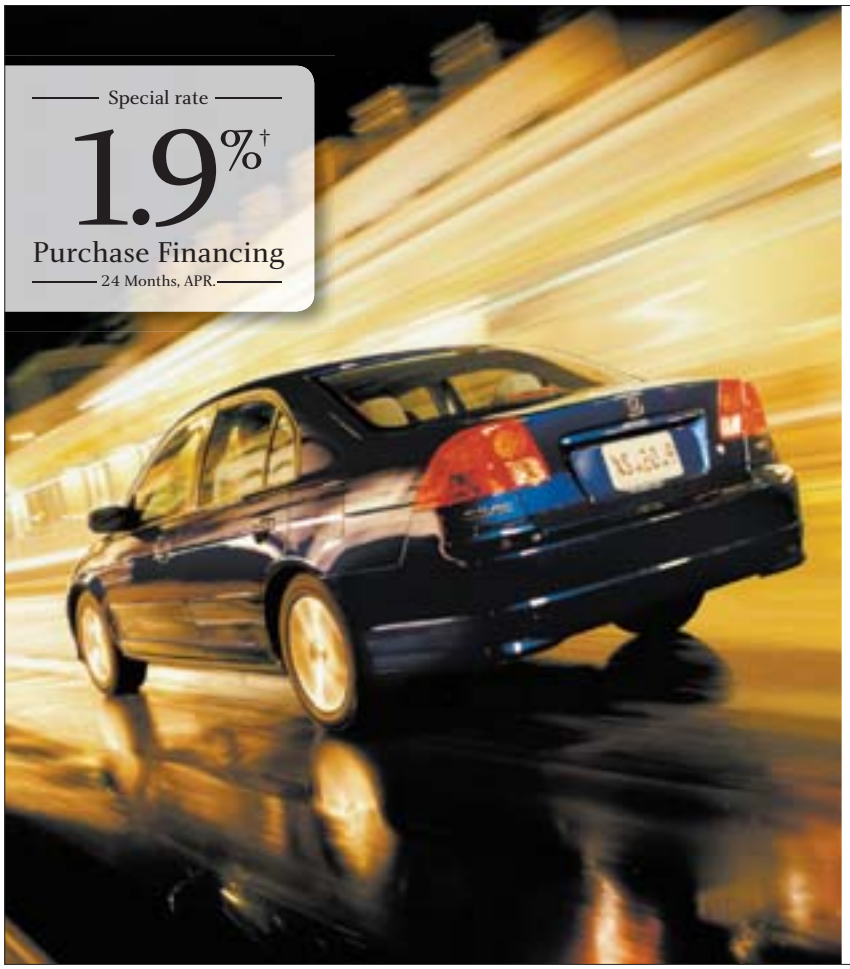

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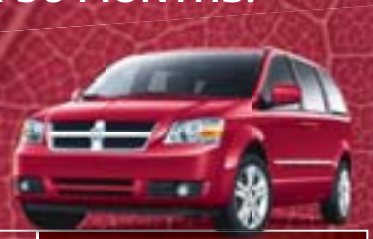
THE OPTION TO RETURN AFTER 36 MONTHS.



2010 DODGE GRAND CARAVAN CANADA VALUE PACKAGE

CANADA'S BEST SELLING MINIVAN
FOR MORE THAN 25 YEARS

5 STAR SAFETY
NHTSA 5 Star Frontal and Side Impact‡

CONSUMERS DIGEST BEST BUY

PURCHASE FOR **$21,488**•

INCLUDES $6,500 CONSUMER CASH* AND FREIGHT.

2010 Dodge Grand Caravan SXT shown.§

PLUS GET **0%**† PURCHASE FINANCING for 36 months

OR CHOOSE

$131 BI-WEEKLY @ A VARIABLE PRIME RATE OF **3.00%**± FOR 84 MONTHS

OR CHOOSE

CUSTOMER CHOICE FINANCING
$154 BI-WEEKLY @ **4.99%**≠ FOR 60 MONTHS AND $0 DOWN
WITH THE OPTION TO RETURN AFTER 60 MONTHS

MOVE UP TO A
GRAND CARAVAN STOW 'N GO® EQUIPPED WITH A DVD SYSTEM AND GET THE DVD SYSTEM AT NO CHARGE

LET US ENTERTAIN YOU!
2010 DODGE GRAND CARAVAN SE
WITH STOW 'N GO® AND ENTERTAINMENT PACKAGE
- 2nd and 3rd row full Stow 'N Go® seating and storage
- 6.5" touch screen display
- Steering-wheel-mounted audio controls
- Media Centre 430 CD/DVD/30 GB Hard Drive

NO CHARGE DVD
$1,700 VALUE

2010 DODGE JOURNEY SE CANADA VALUE PACKAGE

CANADA'S #1 SELLING CROSSOVER^

5 STAR SAFETY
NHTSA 5 Star Frontal and Side Impact‡

INSURANCE INSTITUTE FOR HIGHWAY SAFETY
TOP SAFETY PICK 2010

PURCHASE FOR **$19,988**•

INCLUDES $1,250 CONSUMER CASH* AND FREIGHT.

2010 Dodge Journey R/T AWD shown.§

PLUS GET **0%**† PURCHASE FINANCING for 36 months

OR CHOOSE

$122 BI-WEEKLY @ A VARIABLE PRIME RATE OF **3.00%**± FOR 84 MONTHS

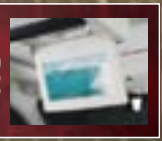
OR CHOOSE

CUSTOMER CHOICE FINANCING
$138 BI-WEEKLY @ **4.99%**≠ FOR 60 MONTHS AND $0 DOWN
WITH THE OPTION TO RETURN AFTER 60 MONTHS

MOVE UP TO A
JOURNEY SXT EQUIPPED WITH A DVD SYSTEM AND GET THE DVD SYSTEM AT NO CHARGE

LET US ENTERTAIN YOU!
2010 DODGE JOURNEY SXT
WITH ENTERTAINMENT PACKAGE
- 3.5L V6 engine with 6-speed automatic transmission
- Six premium speakers with subwoofer
- Media Centre 430 CD/DVD/30 GB Hard Drive
- ParkView® rear backup camera

NO CHARGE DVD
$1,125 VALUE



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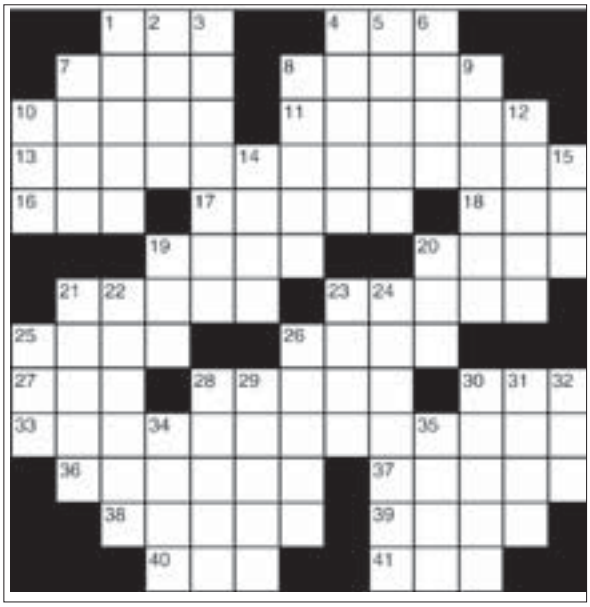
DODGE CARAVAN KIDS
PROUD SPONSOR OF AMATEUR HOCKEY ACROSS CANADA

SIRIUS SATELLITE RADIO

Wise customers read the fine print: •, *, †, ±, ≠, §. The New Fall Colours offers apply to retail deliveries of selected new and unused models purchased between September 1, 2010 and September 30, 2010 from participating dealers. Dealer order/trade may be necessary. Offers subject to change and may be extended without notice. See participating dealer for complete details and conditions. •$21,488 Purchase Price applies to 2010 Dodge Grand Caravan Canada Value Package (24F+CLG) only and includes $6,500 Consumer Cash Discount. $19,988 Purchase Price applies to 2010 Dodge Journey SE (22F+CLE) only and includes $1,250 Consumer Cash Discount. Pricing includes freight ($1,400) and excludes license, insurance, registration, any dealer administration fees and other applicable taxes and applicable taxes. Dealer order/trade may be necessary. Dealers may sell for less. See participating dealer for complete details. *Consumer Cash Discounts are offered on most new 2009/2010 vehicles and are manufacturer-to-dealer incentives, which are deducted from the negotiated price before taxes. Amounts vary by vehicle. See your dealer for complete details. †0% purchase financing for 36 months available to qualified customers on approved credit through Royal Bank of Canada, Scotiabank, TD Financing Services and Ally Credit Canada on most 2010 Dodge Avenger, Caliber Canada Value Package and SE Plus, Grand Caravan Canada Value Package (24F+CLG)/2010 Dodge Journey SE (22F+CLE) with a Purchase Price of $21,488/$19,988 financed at 0% for 36 months equals monthly payments of $596.86/$555.22. Offer not available on 2010 Dodge Caliber SXT, Nitro, Journey FWD, Grand Caravan Canada Value Package (24F+CLG)/2010 Dodge Journey SE (22F+CLE) with a Purchase Price of $21,488/$19,988 financed at 0% for 36 months equals monthly payments of $596.86/$555.22. Financing Services and Royal Bank of Canada. Bi-weekly payments shown are based on 84 month terms. Variable rate shown is based on TD and RBC Prime Rate and fluctuates accordingly. Payments and financing term may increase or decrease with rate fluctuations. RBC offer is not open to dealers in Quebec. TD offer is not open to residents of Newfoundland and Labrador, Yukon, Nunavut and Northwest Territories. Some conditions apply. See participating dealer for complete details. ≠Customer Choice Financing for 36-, 48- and 60-month terms on approved credit through TD Financing Services is available at participating dealerships to qualified retail customers on most new 2010 and 2011 Chrysler, Jeep, Dodge and Ram models except Grand Caravan Cargo Van, and Ram Chassis Cab. Vehicles are financed over a 36-, 48- and 60-month term with payments amortized over a term of up to 96 months and the pro-determined residual balance payable at the end of the contract. At contract's end, customers have the choice of returning their vehicle through a Chrysler, Jeep, Dodge, Ram dealership with no further obligations (except payment of a $199 return fee and excess wear and tear, mileage and similar charges); financing the remaining balance for the rest of the amortization period at then-current standard rates or paying the residual balance. Some conditions apply. Customer Choice Financing is available subject to credit approval. Down payment, trade equity and/or higher monthly payments may be required. Example: 2010 Dodge Grand Caravan Canada Value Package (24F+CLG)/2010 Dodge Journey SE (22F+CLE) with a Purchase Price of $21,488/$19,988 financed at 4.99% for 60 months equals $154 bi-weekly payments or $15,473/$14,388 at the end of the term. Offer not available on 2010 Dodge Caliber SXT, Nitro, Journey FWD, Grand Caravan Canada Value Package (24F+CLG)/2010 Dodge Journey SE (22F+CLE) with a Purchase Price of $21,488/$19,988 financed at 4.99% for 60 months equals bi-weekly payments of $154/$138 or $15,473/$14,388 at the end of the term. Offer not available on 2010 Dodge Caliber SXT. Financing Services and Royal Bank of Canada. Bi-weekly payments shown are based on 84 month terms. Variable rate shown is based on TD and RBC Prime Rate and fluctuates accordingly. Payments and financing term may increase or decrease with rate fluctuations. RBC offer is not open to dealers in Quebec. TD offer is not open to residents of Newfoundland and Labrador, Yukon, Nunavut and Northwest Territories. Some conditions apply. See participating dealer for complete details. ±Does not include applicable taxes. Rates may differ by province. Example: $10,000 at 3.00% APR over 60/84 months with payments amortized over 72/96 months equals $154/$131 bi-weekly payments or $15,473/$14,388 at the end of the term. Offer not available on 2010 Dodge Caliber SXT. ‡Based on 2010 model year Dodge Grand Caravan and Journey. ^Based on January through June, 2010 R.L. Polk sales total registrations. ®SIRIUS and the dog logo are registered trademarks of SIRIUS Satellite Radio Inc. ®Jeep is a registered trademark of Chrysler Group LLC. The Best Buy Seal is a registered trademark of Consumers Digest Communications LLC, used under license. Customer Choice Financing is a trademark of Chrysler Group LLC.

Crossword



Across

1 Lobbyists' org.
4 Couric's network
7 FDR's dog
8 Mountain nymph
10 Warble
11 Prop for Bugs Bunny
13 AARP member, probably
16 Favorite
17 Coarse
18 Away from WSW
19 Taleteller
20 Initial stake
21 Word before "beware!"
23 "Be quiet!"
25 Additional
26 Semi-fortnight
27 Khan title
28 Miss America's topper
30 Scarlet
33 Less experienced team
36 Soda-shop treat
37 From that moment on
38 Sings like Ella
39 Egyptian cross
40 Sailor's response
41 What 40-Across means

Down

1 Emulate Van Gogh
2 "— Ask of You"
3 Heat unit
4 Talk-show host Fergu-son
5 Pullman compartment
6 Delhi dress
7 Price-less?
8 Happen
9 Donut-shop purchases
10 Recipe meas.
12 First extra inning
14 Bellow
15 Born
19 Caustic solution
20 Diving bird
21 Counter-feit
22 Seventh planet
23 Antitoxins
24 Usually inadmissible testimony
25 Army rank (Abbr.)
26 "For amber — of grain"
28 Now
29 Angry
30 Skating venues
31 Engrave
32 Color Easter eggs
34 Bygone Peruvian
35 Trigonometry function

▶ Yesterday's answer

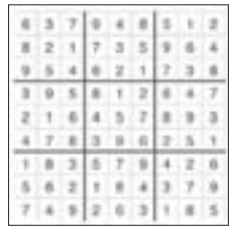
Sudoku

		4	1			8	6	
3						7		4
	7			9				3
	4				5	3		
			8		9			
		3	4				2	
2				5			1	
7		6						8
	5	9			1	2		

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶



Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

To my one and lovely sweet heart: Two years under your love spell has been wonderful. Your humour, care, generosity, and cuteness are just some of the characteristics that I adore about you. I hope this love spell that we share continues for a life time. I love you Mugu!
XOXO CHRISTINA

shnuggle
bunny Im sorry.I over reacted as always. I love you.
XOXO,YOUR MUFFIN

Hey Stacey,
The day has come when I can say, Lordy, lordy, you finally turned forty!!!
Miss you and love you lots.
LOVE YOUR SISTER, VICKI

My lil Chipmunk,
I RUVS YOU! You are beautiful, funny and sooooo CUTE!!Im the luckiest man alive. I love you beeb!
YOUR CHEESE BALL

A look at the weather

TODAY	THURSDAY	FRIDAY
Min -1° Max 14°	Min 1° Max 17°	Min 3° Max 17°

Michele McDougall
Weather Specialist
BT BREAKFAST TELEVISION

"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes". **WEEKDAYS 6AM**

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Give a little today and you will get a lot in return tomorrow when the Sun moves into your opposite sign. The theme for the next few weeks is Partnership.

♉ Taurus April 21-May 21 Most of the risks you took in recent weeks – and you took plenty – paid off in the end but the Sun's imminent change of signs means you will have to be a bit more cautious over the next few weeks.

♊ Gemini May 22-June 21 You've had your fill of dancing to other people's tunes – now you intend to dance to your own and, yes, that's party talk.

♋ Cancer June 22-July 22 The Sun's move into the domestic area of your chart tomorrow will bring into focus your relationships with the people you are closest to emotionally.

♌ Leo July 23-Aug.23 You will feel more confident about your position and your prospects, both at work and in your private life, when the Sun changes signs tomorrow.

♍ Virgo Aug. 24- Sept. 22 With both the Sun and Mercury transiting your sign you've had more than your share of great ideas – but what are you going to do with them all?

♎ Libra Sept. 23-Oct. 23 There were no doubt numerous occasions in recent weeks when you wish you had been more adventurous, but never mind. A new solar year is about to begin

♏ Scorpio Oct. 24-Nov. 22 You are about to embark on the final phase of your personal solar year – the four-week period when the Sun moves through the most sensitive area of your chart.

♐ Sagittarius Nov. 23-Dec. 21 One particular aim or ambition no longer seems worth the time or the effort and you are seriously thinking about giving up on it. Don't be too hasty.

♑ Capricorn Dec. 22-Jan. 20 There is one thing you are really good at, one thing that marks you out from the crowd. Make that one thing the center of your working life over the next four weeks or so

♒ Aquarius Jan. 21-Feb. 18 You've waited a long time for your opportunity to shine and you don't intend to waste it. The Sun in Libra as from tomorrow will open all sorts of doors to all sorts of magical worlds.

♓ Pisces Feb. 19-March 20 Hopefully you have dealt with a relationship issue that was holding you back, because in a matter of days, if not hours, your new rapport will be put to the test. Emotionally and financially you'll do great things together.

SALLY BROMPTON

Caption contest

DANIEL OCHOA DE OLZA/THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

ROB GRIFFITH/THE ASSOCIATED PRESS

NEW
OATMEAL-like you've never tasted before
Quaker® Oatmeal frothed with skim milk and topped to perfection.
Present this Ad at your local Timothy's to receive $1.00 OFF Oatmeal.
Offer expires November 8, 2010. Must submit coupon at time of purchase. Cannot be combined with any other offer. Valid at participating locations only. No cash value.
PLU 2093

Do you have chronic pain?

CDPC
CANADIAN DECOMPRESSION & PAIN CENTERS

For many years, the Canadian Decompression and Pain Centers (CDPC) have been successfully treating chronic low back and neck pain using a uniquely developed treatment protocol called **Neuro-Decompression**. In 2006, the technology used at CDPC won the Australian Design Award in the "Medical and Scientific" category. This revolutionary treatment procedure has consistently achieved great results at CDPC locations throughout Canada. Results are usually **long lasting**. Referrals come from surgeons, medical doctors, and other health care professionals across the country, but referral is not required (you can contact us directly).

Neuro-Decompression is a three-phased system that was developed by CDPC doctors. This Procedure is Health Canada & FDA Approved.

What Do Our Patients Have to Say?

After 12 treatments, for the first time in 7 years, I washed, buffered, waxed and polished my car. My wife would refuse going to the mall with me – I'd walk 10 steps and have to sit for a few minutes. Now, especially in the mornings, I'm jumping out of bed ready to go. On behalf of my wife and I, THANK YOU CDPC!

- Mr. & Mrs. Jay Shah, Edmonton

After only seven or eight treatments I could not believe how much better I was feeling and how much better I could walk. I would recommend it to anyone.

- Marion Whiteman, Edmonton

I always believe that when there is something good, the world needs to know about it. CDPC is one of those good. It took care of my NECK PAIN when I have myself treated at their clinic. If you have a need or back pain, try them, you won't regret it.

- Ben J., Edmonton

Thanks to CDPC, I'm looking forward to getting back to my active lifestyle of sports, and gym. I no longer have to sit home, while my family is out enjoying the weather.

- Cindy Buda, Edmonton

I came into CDPC with a walker and sciatica so bad I was unable to sleep at night. After only a few treatments, the pain has subsided and I am walking with a cane. Thanks to my wife who took the initiative to call and book my free consultation and insisted I seek relief. I heartily recommend this treatment to anyone. I look forward to completing the rest of my treatments.

- Edwin Graf, Edmonton

CONDITIONS TREATED:

- Disc bulge or Herniation
- Spinal Stenosis
- Sciatica
- Neck Pain
- Radiculopathy (pinched nerve)
- Carpal Tunnel Syndrome
- Osteoarthritis
- Fibromyalgia
- Degenerative disc disease
- Scoliosis

FREE CONSULTATIONS

CDPC
CANADIAN DECOMPRESSION & PAIN CENTERS

Edmonton - 11044 51st Ave Pleasantview Building - **Unit 301 - 780.433.0555**

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For more information please visit: www.canadiandecompression.com

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CLEAR OUT

INTRODUCING AN INDUSTRY LEADING **0%** FINANCING FOR **84** MONTHS◊

2010 ELANTRA L
AWARD-WINNING COMPACT

OWN IT FOR ONLY

$179† /Month at **0%** APR / 84 Mo. with **$0** Down payment

Dealer participation of $500 included.

Starting From **$14,994**♦

Limited model shown

2010 ACCENT GL 3DR

BEST-SELLING SUBCOMPACT IN CANADA∞

Starting From **$14,594**♦

OWN IT FOR ONLY

$174† /Month at **0%** APR / 84 Mo.

with **$0** Down Payment

Dealer participation of $350 included.

- Air Conditioning • Power Windows/ Locks/Mirrors • AM/FM/Aux/CD/MP3
- Remote Keyless Entry with Security System

GL Sport model shown

2010 GENESIS COUPE

Save **$1,000**▼ On All 3.8 V6 Models and **0%** FINANCING◊ ON ALL MODELS

Genesis Coupe 3.8GT model shown

2010 SANTA FE GL 2.4L *BEST-SELLING IMPORT SUV IN CANADA*∞

JUST ANNOUNCED

0% FINANCING FOR **60** /MOS.◊

PLUS **NO CHARGE ALL WHEEL DRIVE** A $**2,000**Ω SAVINGS

Limited model shown

5 YEAR WARRANTY
100,000 KM
COMPREHENSIVE LIMITED WARRANTY††

SMART LEASE OFFERS ALSO AVAILABLE

Delivery and Destination are included in all prices.

Find the Hyundai that fits your life. Visit hyundaicanada.com for more details.

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Edmonton, 780-450-1021

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10120-178th St. N.W.
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AMVIC Licensees

GRADUATE REBATE PROGRAM

™The Hyundai names, logos, product names, feature names, images and slogans are trade marks owned by Hyundai Auto Canada Corp. ♦Prices for models shown: 2010 Elantra Limited is $22,944. 2010 Accent GL Sport is $17,644. Delivery and Destination charges of $1,495/$1,495 are included. Registration, insurance, license fees and all applicable taxes are excluded. Delivery and destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. ◊Finance offers available O.A.C. from Hyundai Financial Services based on new 2010 Elantra L 5-speed/2010 Accent GL 3 Dr 5-speed/2010 Genesis Coupe/2010 Santa Fe GL 2.4L 6-speed models with an annual finance rate of 0%/0%/0%/0% for 84/84/60/60 months. †Finance offers available O.A.C. from Hyundai Financial Services based on new 2010 Elantra L 5-speed/2010 Accent GL 3 Dr 5-speed with an annual finance rate of 0%/0 for 84/84 months. Monthly payments are $179/$174. No down payment is required. Dealer participation of $500/$350 for 2010 Elantra L 5-speed/ 2010 Accent GL 3Dr 5-speed is included. Finance offers include Delivery and Destination of $1,495/$1,495. Registration, insurance, PPSA license fees and all applicable taxes are excluded. Delivery and destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. Financing example: 2010 Santa Fe GL 2.4L 6-speed for $25,759 at 0% per annum equals $429.32 per month for 60 months for a total obligation of $25,759. Cash price is $25,759. Example price includes Delivery and Destination of $1,760. Registration, insurance, PPSA license fees and all applicable taxes are excluded. Delivery and destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. ▼Purchase or lease any 2010 Genesis Coupe 3.8 V6 model and receive a price adjustment of $1,000. ΩPurchase or lease any 2010 Santa Fe model equipped with all wheel drive and receive a price adjustment of $2,000. Certain conditions apply. ♦◊†▼ΩOffers available for a limited time and subject to change or cancellation without notice. See dealer for complete details. Dealer may sell for less. Inventory is limited, dealer order may be required. ∞Based on the July 2010 AIAMC report. ΔSee your dealer for eligible vehicles and full details of the Graduate Rebate Program. ††Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions.